

Vitamins to go!

Each Sundown Naturals' Vitamins to go!® Packet For Men includes these important Nutrients:

- The Antioxidants
Beta-Carotene, 400 IU
Vitamin E and 300 mg
Vitamin C
- B-Maxi Complex
- Zinc

Sundown Naturals' Vitamins to go!® is specially formulated to support:

- Reproductive Health*
- Healthy Heart & Circulation*
- Immune System Health*
- Muscle & Bone Health*
- Healthy Skin*
- Energy*

Sundown Naturals®
Where Being Healthy
Comes Naturally

Sundown Naturals® offers the high-quality vitamins and supplements you need to balance your healthy lifestyle. Making sure you lead a full and active life is what matters most to us...so trust Sundown Naturals® where being healthy comes naturally.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Sundown
Naturals®**

Vitamins to go!

**Specially Formulated for
MEN**

TO SUPPORT:

- Reproductive Health*
- Healthy Heart & Circulation*
- Immune System Health*
- Muscle & Bone Health*
- Healthy Skin*
- Energy*

30 Packets

DIETARY SUPPLEMENT



0 30768 30310 5

Prod. No. 45401 07G
310-03 B45401
(B1520, B50412, B2000, B45481, B46100)
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Vitamins to go!

Smart Facts

Sundown Naturals' Vitamins to go!® makes it easy to stay healthy.* No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.

Sundown Naturals' Vitamins to go!® is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for the office, school or sports. Just take along the number of packets you will need and put them in your pocket or briefcase.

Sundown Naturals' Vitamins to go!® for Men is a special combination of nutrients men need to support good health.*

Questions? Call toll free 1-888-VITAHLEG
(848-2435) or visit us at
www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Part No.22-63066

Vitamin E 400 IU (1 Softgel):

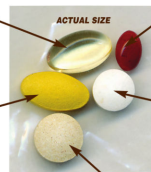
Vitamin E is an antioxidant that helps support a healthy heart.* It helps fight cell-damaging free radicals in the body and works with Vitamin C and Beta-Carotene to provide antioxidant support.* Vitamin E helps maintain a healthy circulatory system.*

B-Maxi Complex (1 Tablet):

The B Complex vitamins are essential in maintaining healthy nerves and help convert food into energy, which is important for active cells including muscles.* They are required for the proper metabolism of carbohydrates, fats and proteins.*

C-500% DV All Inclusive Complex (1 Tablet):

Vitamin C is essential for the growth and maintenance of tissues and organs.* Vitamin C acts as an antioxidant to help support healthy cells and body systems.* Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.*



Beta-Carotene (1 SoftGel):

As a source of Vitamin A, this important antioxidant helps support cellular health.* It contributes to healthy eyes and skin.* Beta-Carotene also promotes healthy immune function.*

Zinc (1 Tablet):

Essential for cell division and growth, Zinc also works with the immune system and supports healthy reproductive function.*

Supplement Facts

Serving Size 1 Packet	
Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	<1 g <1%**
Vitamin A (100% as Beta-Carotene)	10,000 IU 200%
Vitamin C (as Ascorbic Acid)	300 mg 500%
Vitamin E (as dl-Alpha Tocopheryl Acetate and d-Alpha Tocopherol)	400 IU 1,333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg 1,000%
Riboflavin (Vitamin B-2)	17 mg 1,000%
Niacin (as Nicotinamide)	200 mg 1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg 1,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg 1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg 1,000%
Calcium (as Dicalcium Phosphate)	62 mg 6%
Phosphorus	48 mg 4%
Zinc (as Zinc Gluconate)	25 mg 167%
Sodium	5 mg <1%
Bioflavonoid Blend	66 mg ***
Citrus Bioflavonoid Complex (Citrus spp.) (peel), Rose Hips, Rutin, Acerola Extract 4:1 (Malpighia glabra and/or Malpighia punicifolia) (fruit)	
Vitamin Co-Factor Blend	3 mg ***
Choline Bitartrate, Para-Aminobenzoic Acid (PABA), Inositol	

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Vegetable Glycerin, Soybean Oil, Croscopolone, Calcium Silicate, Vegetable Oil, Vegetable Magnesium Stearate, Silica, Yellow Beeswax, Vegetable Stearic Acid, Titanium Dioxide Color, Soy Lecithin, FD&C Yellow No. 5 Lake, Natural Palm Leaf Glaze, FD&C Yellow No. 6 Lake.

DIRECTIONS: FOR ADULT MEN, TAKE ONE (1) PACKET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.
No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.
WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.
KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT; DO NOT USE IF OUTER WRAP IS TORN OR MISSING.

