

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ADVISORY BOARD
GILD SCIENTIFIC



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NOT SOLD IN RETAIL STORES.
Available Exclusively from
GILD Distributors.
Leading edge nutrition
since 1958.
Based in Nature,
Backed by Science.
Made in U.S.A.

OTHER INGREDIENTS: Microcrystalline cellulose, sodium croscarmellose and magnesium stearate.

Supplement Facts
Serving Size: 1 Tablet
Amount Per Serving
Herbal Extract Blend 301 mg†
Damiana (<i>Turnera diffusa</i>) (leaf) (6:1); Lemon balm (<i>Melissa officinalis</i>) (leaf) (6:1); Skullcap (<i>Scutellaria laterifolia</i>) (herb) (5:1); Schisandra (<i>Schisandra chinensis</i>) (fruit) (4:1); St. John's wort (<i>Hypericum perforatum</i>) (flower) (6:1); Passion flower (<i>Passiflora incarnata</i>) (herb) (5:1); Vervain (<i>Verbena officinalis</i>) (herb) (5:1); German chamomile (<i>Matricaria recutita</i>) (flower) (5:1).

SUGGESTED USE: 1 tablet at evening meal and 1 at bedtime.

The herbs lemon balm, skullcap, schisandra and passion flower promote calm relaxation. The herbs damiana and St. John's wort help lift mood to support healthy sleep patterns.* To let the body truly relax, herbalists have long believed that you must first "calm the mind". Herbal Rest & Relax is formulated to support the natural state of calm wellness which precedes optimal rest.* Store in a cool, dry place, away from direct sunlight.

NEOLIFE
Herbal Rest & Relax



Herbal Rest & Relax

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Herbal Rest & Relax

Carefully selected herbs with lemon balm, skullcap, schisandra, and passion flower to promote calm relaxation.*

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Herbal Rest & Relax



Promotes restful sleep and refreshed awakening*

Promueve un sueño reparador y un despertar renovado*



Dietary Supplement
60 TABLETS

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Herbal Rest & Relax



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