### Suggested Directions:

Take 3 caplets twice daily. Advanced usage take 3 caplets three times a day for

Do not give to children under 12 years

Do not use if you are preanant or nursing

ingredient blends. We use a full spectrum of ingredients derived from the synchronicity of antioxidants, amino acids

#### No chemical or preservatives adde

These statements have not been evaluated by the FDA. This product is not intended to diagnose, teast, one or present any disease.

# Product of the USA



## A Unique Comprehensive Metabolic Blend



180 Caplets

Dietary Supplement

### Supplement Facts

rving Size: 6 Caplets	Servings Per Container: 30	
	Amount per Serving	% Daily* Value
tal Calories	30	
olesterol	Oma	0%
tal Carbohydrates	6g	2%
Dietary Fiber	29	8%
Sugars		+
otein	1g 1g	2%
amin C	27mg	45%
dium	15mg	1%
n	<1mg	4%
wer Blend	2113mg	+
	ented), Organic Raw Honey Pow Powder, Tart Cherry Juice Powde al Jelly Powder	
nin Bland	750ma	

Brain Blend
750mg +
Chocanine™, Ginkgo Biloba Extract (24% ginkgoheterosides), Maca Extract
Muira Puama Extract

Defensive Blend 1122mg +
Wheat Grass Whole Leaf Powder (Organically grown), Goat Milk Colostrum
Powder, Barley Grass Whole Leaf Powder (Organically grown), Astragalus Ror
Powder, Cordyceps Sinensis Powder

Powder, Cordyceps shense Powder

Cellular Blend

Flax Seed Powder, Siberian Rhodiola Rosea Root Extract (3% rosavins), Acrola Cherry Extract (17% Vitamin C), Green tea Extract (50% colyopenols), OxyPhyte6

Digestive Enzyme Blend 275mg Ginger Root Powder, Turmeric Extract, Enzyme Blend, Probiotic Blend

\* Percent Daily Values based on 2.000 calorie diet + Daily Value not establisi Other ingredients: Magnesium Stearate, Pirosil PS 200 CONTAINS: WHEAT

Manufactured exclusively for Mt. Capra by RFI Ingredients, Inc 279 SW 9th St., Chehalis, WA 98532 (360) 748-4224 www.mtcapra.com