

SUGGESTED USE: As a dietary supplement, take one (1) to three (3) tablets before and after working out, or as directed by a healthcare professional.

Supplement Facts

Serving Size: Three (3) Tablets

Servings Per Container: 30

Amount Per Serving:		% Daily Value*
BCAA keto (3:1)	3500mg	†
L-Leucine-Alpha-Ketoglutarate	2100 mg	†
L-Isoleucine-Alpha-Ketoglutarate	700 mg	†
L-Valine-Alpha-Ketoglutarate	700 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Microcrystalline Cellulose (Plant Fiber), Rice Flour, Ascorbyl Palmitate, and Silica.

Confused on what to take? Check yourself at:

WhatVitaminsAreRightForYou.com

WARNING: Consult your healthcare professional before taking this product if you are taking any prescriptive medications, pregnant or nursing a baby.

BENIFITS OF BCAA KETO (3:1)

- Our formula contains a 3:1 ratio of Leucine to Isoleucine to Valine for maximum effect. Leucine is the most readily oxidized BCAA and therefore the most effective at causing insulin secretion from the pancreas, and stimulating the metabolic pathway.*
- Supports Maximum Performance & Increased Cellular Energy*
- Promotes Muscle & Tissue Growth*
- Increases Exercise Performance*
- Supports Maximum Muscle Growth*

Our Philosophy

At Olympian Labs (OL), quality is not a choice. For nearly two decades, we have conducted extensive research and development and partnered with leading naturopathic institutes and physicians to develop cutting edge formulations to support naturopathic needs.

OL products are free of most allergens such as corn, yeast, barley, wheat, soy, lactose, gluten, citrus, and egg products, as well as added flavorings, sugar sweeteners, salt, preservatives, salicylates, artificial colors and coatings. When you buy OL, you are buying the best.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

Made in USA • Manufactured by:
OLYMPIAN LABS INCORPORATED
P.O. Box 12461 • Scottsdale, AZ 85267
1-800-473-5883 • www.OlympianLabs.com

BCAA Keto (3:1)

Branched Chain Amino Acids Alpha KetoGlutarate

- Increases Protein Synthesis 56%
- Scientific 3:1 Leucine Ratio
- Decreases lactic acid 22%

90 tablets
Dietary Supplement

OL olympian labs
By world class experimenters

HOW BCAA KETO (3:1) WORKS

The Branched-Chain Amino Acids (BCAAs), leucine, isoleucine and valine, are important, essential amino acids. The combination of these three amino acids make up approximately 1/3 of skeletal muscle and play an important role in protein synthesis. BCAA's are needed for the maintenance of muscle tissue, appear to preserve muscle glycogen stores and help reduce muscle protein breakdown during exercise.

BCAA's cannot be made by the body. Therefore, they must be obtained through diet and supplementation. BCAA's are vital to athletes as they bypass the liver and are quickly metabolized in the muscles to help speed recovery. BCAA's are also important for athletes as they serve as important fuel sources for skeletal muscle during periods of metabolic stress (exercise).

Alpha Ketoglutarate (AKG) combines with ammonia generated by intense muscle activity to create glutamine, an amino acid important for energy fuel and muscle recovery. AKG helps increase workout performance helping you achieve the results you want from your training.

OL has created BCAA-AKG, an innovative formula that combines these two popular ingredients.

BCAA-AKG is perfect for bodybuilders and powerlifters, or any athlete looking to make gains in muscular size and strength.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

Made in USA • Manufactured by:
OLYMPIAN LABS INCORPORATED
P.O. Box 12461 • Scottsdale, AZ 85267
1-800-473-5883 • www.OlympianLabs.com