## **Directions**

Take 1 scoop, once daily mixed in water, juice, etc. For more intense usage, take 1 scoop 2-4 times per day for 90 days.

CapraGreens has been formulated to satisfy an expanding market calling for an alkalizing green superfood.

No chemicals or preservatives added.

Product contains no wheat, yeast, gluten, corn, soy, artificial coloring or preservatives.

If you are pregnant or nursing, talk with your doctor before using.

This product contains natural ingredients; color variations are normal.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease

An alkaline blend of goat milk minerals and green superfoods



Combining the best of goat milk mineral whey, green vegetables, and botanicals

600 grams (21.2 oz) Dietary Supplement

## Supplement Facts

Serving Size: 1 scoop (20 grams)	Serving Per Container: 30	
	amount per serving	% Daily Value
Total Calories	80	
Fat	1g	196
Trans Fat	0g	
Saturated Fat	0g	
Cholesterol	0mg	
Sodium	70mg	3%
Total Carbohydrates	15g	596
Dietary Fiber	29	8%
Sugars	2g 12g	
Protein	3q	696

Vitamin A 40% \* Vitamin C 60% \* Iron 12% \* Calcium 11%

Potassium 472mg \* Magnesium 15mg \* Phosphorus 62mg

Mineral Blend 13,250mg
Capra Mineral Whey

## **Botanical Blend**

Flax Seed, Organic Spirulina, Broken Cell Wall Chlorella, Cinnamon (Koran), Organic Parsley, Acerola Cherry, Kelp Powder, Organic Fennel Seed, Dandelion Leaf, Organic Dulse Leaf, Garlic, Turmeric, Alfalfa Sprouts

## Vegetable Blend Organic Broccoli, Organic Spinach, Organic Carrot, Organic Green Cabbage, Organic Kale, Tomato, Celery Seed, Beet Root

Other Ingredients: Silica (to prevent clumping)

Manufactured by Mt. Capra Products 279 SW 9th St. Chehalis WA 98532 (360) 748-4224 www.mtcapra.com

Product of the USA



<sup>\*</sup> Percent Daily Values based on a 2000 calorie diet +Daily Value not established