

Suggested Directions:

Take 3 Caplets 3 times a day on an empty stomach with a cup of warm water, juice, etc...
For advanced usage: 4 caplets 3 times a day.

CapraFlex™ was formulated using organic or natural ingredients. This formula has utilized both the ancient principles of herbal and botanical ingredients, as well as the most advanced researched nutraceutical collagen and mineral products available today. CapraFlex™ is a synergistically balanced formula also containing probiotics and naturally occurring enzymes to maximize the usage of these ingredients.

Caution: Do not use if you are pregnant or nursing or using any blood thinning medication. No chemicals or preservatives added.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Product
of the
USA

A Complete Bone & Joint Formula



Contains Naturally Occurring Glucosamine
& Chondroitin from Chicken Collagen
270 Caplets
Dietary Supplement

Supplement Facts

Serving Size: 9 Caplets

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Total Calories	23	
Sodium	24 mg	1%
Total Carbohydrates	7 g	2%
Dietary Fiber	<1 g	1%
Sugars	2 g	+
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Protein	<1 g	1%
Vitamin C	6 mg	10%
Calcium	168 mg	17%
Iron	<1 mg	3%
Osteo-Mineral Blend	6,490 mg	+
Goat-milk Mineral Concentrate, Calcium phosphate, Alfalfa Grass, Oat Juice (natural source of silica), L-Carnitine		
Collagen Blend	1,053 mg	+
Chicken Collagen Type II, Bio-Activated Green Blend (Barley, Wheat, Oat, and Alfalfa Juice), Lutein		
Flex Blend	1,005 mg	+
Cherry Juice, Ginger, Turmeric, White Willow Bark, Feverfew, Valerian, Acerola Cherry, Lemon Powder		
Enzyme Blend	101 mg	+
Protease Blend, Bromelain, Papain, Amylase, Lipase, Cellulase, Peptidase		

* Percent Daily Values Based on 2,000 calorie diet
+ Daily Value not established

Other Ingredients: Sodium Crosscarmellose, Pregel PS 200, Magnesium Stearate.
Contains Wheat (from Wheat Grasses).

Manufactured exclusively for Mt. Capra by RFI Ingredients, Inc.
Mt. Capra
279 SW 8th., Chehalis, WA 98532
(360) 748-4224 • www.mtcapra.com