Total body hydration is a major factor in overall health, performance and recovery. Drinking the commonly recommended 6-8 glasses of water a day may not ensure deep tissue hydration and will not replenish lost electrolytes. **HFX Hydration Factor®** was developed and scientifically formulated to effectively provide your body with overall hydration and replace lost electrolytes.**

Supporting cellular hydration is the single greatest step anyone can take toward improving energy, wellness and endurance.** This requires not only drinking water, but ensuring the water you drink makes it into your cells. **HFX uses a patented technology** of natural ingredients proven to increase cellular hydration better than drinking water alone.**

Non-Training Day: 16 oz water with 1 scoop **HFX**
Training Day: 32 oz water with 2 scoops **HFX**
Competition Day: 48 oz water with 3 scoops **HFX**

**This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

6 09492 71069 _

Lot #: (See Bottom)
Best if used by: (See Bottom)

1509S180

MRM®

HFX

HYDRATION FACTOR®

• HYDRATION & ELECTROLYTE FORMULA •
• SUPPORTS CELLULAR HYDRATION** •

HYDRATION

US PATENT #6,207,163

ELECTROLYTES

DIETARY SUPPLEMENT

RASPBERRY

NET WT 6 OZ (170G)

**This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Scoop (8.5 grams)
Servings Per Container 20

Amount Per Serving	% Daily Value*
Calories	15
Calories from Fat	0
Total Fat	0g 0%
Cholesterol	0mg 0%
Total Carbohydrate	4g 1%
Dietary Fiber	0g 0%
Sugar	3g
Chloride (from Sodium Chloride)	260mg 11%
Sodium (from Sodium Chloride)	240mg 10%
Magnesium (from Magnesium Aspartate)	100mg 25%
Calcium (from Calcium Citrate)	100mg 10%
Potassium (from Potassium Citrate)	72mg 2%
Zinc (from Zinc Citrate)	15mg 100%
Selenium (from L-selenomethionine)	70mcg 100%
Cell Hydrator™ (Betaine Anhydrous (from Red Beets), Sorbagarilla, Slippery Elm, & Goldenseal)	1,045mg †
Concentrace® Trace Mineral Complex	100mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Suggested Usage: Add one serving to 16 oz of water.

Other Ingredients: Trehalose, Natural Raspberry Flavor, Citric Acid, Silicon Dioxide, Stevia Leaf Extract, Red Beet Powder (color), and Monk Fruit Extract.

Contains **NO** added peanut, tree nut, fish, shellfish, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that produces other products and may contain trace amounts of milk, egg or soy.

Cell Hydrator™ utilizes a proprietary formulation used under license from AquaCanonChem Pty Ltd and is protected by AU, NZ, EU, SU and other worldwide patents.
www.aquacanonchem.com

ConcenTrace® is a registered trademark of Trace Minerals Research.

GMP

Formulated by & Manufactured for:
MRM® • 2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296