

Organic Whole Food-Based Tablets

A DIETARY SUPPLEMENT FOR WOMEN AND MEN OF ALL AGES

DIRECTIONS: TAKE A TOTAL OF 3 TABLETS DAILY PREFERABLY SPREAD THROUGHOUT THE DAY AFTER MEALS.

Tablets are food-based for fast, easy disintegration.

VEGETARIAN | HYPOALLERGENIC | GLUTEN FREE Contains no: gluten, gelatin, nuts, wheat, yeast, pollen, sugar, buckwheat, dairy, corn or soy residues, hidden additives, sodium aluminosilicate, dyes or artificial colorings.

ENRICHED WITH ORGANIC HERBS & GREEN FOODS Certified organic herbs and green foods are organically grown and processed in accordance with the California Organic Foods Act of 1990.

STORE IN A COOL, DRY PLACE OR FROST-FREE REFRIGERATOR. Product color and aroma may vary or change over time due to natural ingredients.

BETTER MEMORY Helps support memory and mental clarity with Niacin, Folic Acid, DMAE, Phosphatidyl Choline and Tyrosine. **CALM, SHARP FOCUS** To optimize key brain neurotransmitters – DHA, Theanine, Glutamine, Phenylalanine and Taurine.

HAPPIER MOOD with organic herbs used traditionally to promote calm, clear thinking and a happier mood, including Basil, Ginkgo, Gotu Kola, Fo-ti and Ginger.*

*Improved Formula.

More of the nutrients you want.
See our website.



FORMULATED BY AND MANUFACTURED FOR

SuperNutrition™

www.SuperNutritionUSA.com

Oakland, CA 94612 | 800.262.2116

*See website for details on Money Back Guarantee

*These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW!
IMPROVED FORMULA!
LOOK

**Super
Nutrition™**
SINCE 1977

Think Clearly

NUTRIENTS FOR CALM, SHARP FOCUS

The most effective nutrients known to science
for better memory, sharper focus and
a calmer, happier mood.*



optimal
plus
body nutrition

90
TABS
**MULTIVITAMIN
MULTIMINERAL
SUPPLEMENT**

Supplement Facts

Serving Size 3 Tablets • Servings Per Container 30

	AMOUNT PER SERVING	% DV
VITAMIN C (Ascorbic Acid)	60 MG	100 %
THIAMINE (Vitamin B1)	51 MG	3400 %
RIBOFLAVIN (Vitamin B2)	10 MG	588 %
VITAMIN B3 (Niacin - Two-Stage, Low Flush)	100 MG	500 %
PYRIDOXINE (Vitamin B6)	20 MG	1000 %
FOLIC ACID	400 MCG	100 %
CALCIUM (Carbonate & Citrate)	100 MG	10 %
ZINC (Oxide & Citrate)	5 MG	33 %

Other Ingredients

No nutritional claims made for these ingredients.

	AMOUNT PER SERVING	%DV
BETAINE (HCl)	125 MG	*
DHA (Docosahexaenoic Acid)	200 MG	*
DMAE (Dimethylaminoethanol)	100 MG	*
L-GLUTAMINE	225 MG	*
L-PHENYLALANINE	204 MG	*
PHOSPHATIDYL CHOLINE	100 MG	*
L-TAURINE	20 MG	*
L-THEANINE	200 MG	*
L-TYROSINE	102 MG	*
ORGANIC HERB & WHOLE FOOD BLEND:	150 MG	*
Rose Hips, Fo-ti rt., Ginkgo Biloba lf., Gotu Kola lf., Licorice rt., Alfalfa lf., Spirulina h., Kelp lf., Basil lf., Ginger rt., Thyme lf.		
OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Stearic Acid, Calcium Silicate		*

* Daily Value Not Established

Note: Plant cellulose tablet coating contains citrus & vanilla flavoring.