

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT

Recommendations

1 to 2 capsules once or twice daily,
or as directed by your healthcare
professional.

Warning

If pregnant, consult your physician
before taking.

EXCLUDES COATINGS, BINDERS, GLUTEN
(WHEAT, RYE, BARLEY)[†], MILK/DAIRY (CASEIN,
WHEY)[†], SOY PROTEIN[†], EGG PROTEIN[†],
SUGAR.

[†]VERIFIED BY INDEPENDENT TESTING

Raw materials and finished products are
independently tested by U.S. labs.
Learn more at vitalnutrients.net



Magnesium

(glycinate/malate)

120mg

DIETARY SUPPLEMENT

100 CAPSULES

Supplement Facts

serving size: 2 capsules
servings per container: 50

	amount per serving	% daily value
Magnesium	240mg	60%
(50% as magnesium glycinate and 50% as dimagnesium malate)		

Other Ingredients: Gelatin Capsule,
Magnesium Silicate, and Ascorbyl Palmitate.

manufactured by
VITAL NUTRIENTS
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