

Recommended Adult Dose: Take one capsule two times daily with meals, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are taking health products that affect blood coagulation; or if you are taking thiazide diuretics, cardiac glycosides, corticosteroids, stimulant laxatives or other medications which may aggravate electrolyte imbalance, do not use. If you are taking medications for diabetes or seizures; if you are pregnant or breastfeeding; if you have a liver disorder or develop symptoms of liver trouble; or if you have an iron deficiency, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

570

Seroyal

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GENESTRA BRANDS™

GSF Complex

VITAMIN-MINERAL SUPPLEMENT

60 Vegetable Capsules

Supplement Facts

Serving Size 1 Capsule

Each Capsule Contains		% DV
Vitamin C (ascorbic acid)	150 mg	250%
Pantothenic Acid (calcium <i>d</i> -pantothenate)	100 mg	1000%
Magnesium (magnesium aspartate/ oxide)	25 mg	6%
Zinc (zinc citrate)	10 mg	67%
Potassium (potassium aspartate)	25 mg	1%
Adrenal (from bovine)	100 mg	*
Adrenal Cortex (from bovine)	20 mg	*
Ginkgo (<i>Ginkgo biloba</i>) Leaf	27 mg	*
Hesperidin (from <i>Citrus sinensis</i> fruit)	15 mg	*
Licorice (<i>Glycyrrhiza glabra</i>) Root	10 mg	*
Rutin (from <i>Dimorphandra mollis</i> seed pod)	2.1 mg	*
Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (50% polyphenols)	0.9 mg	*

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica, microcrystalline cellulose