

**Recommended Adult Dose:** Take one capsule two times daily with meals or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

**Seroyal**  
Made in the UK for  
Seroyal USA  
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GENESTRA BRANDS

# Col-Sterol

PLANT STEROL SUPPLEMENT

**60** Softgel Capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 60

### Each Capsule Contains

Plant Sterol Esters (from *Brassica napus* oil)  
(80% combined: beta-sitosterol, campesterol,  
stigmasterol) 650 mg \*

\* Daily Value not established

Other ingredients: Bovine gelatin, glycerin, natural mixed tocopherols

V1.0 **562**

BARCODE LOCATION  
883196 11460