Recommended Adult Dose: Take two capsules two times daily with meals or as recommended by your healthcare practitioner. Risk Information: If you are pregnant or breastfeeding; if you have hormone sensitive conditions such as uterine, endometrial, breast or ovarian cancer, as well as endometriosis and uterine fibroids; or if you have a liver disorder, do not use. As wild vam may increase the risk of thrombosis, do not use if you have protein S deficiency. Hypersensitivity/allergy, nausea, vomiting and diarrhea have been known to occur; in which case, discontinue use, Guaranteed to contain no added wheat, starch, yeast, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. The capsules are made from 100% pure vegetable sources, free of preservatives and additives. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.



-----YW

BARCODE LOCATION 883196 12271



Glucosamine Complex

GLUCOSAMINE SULFATE SUPPLEMENT

60 Vegetable Capsules

Supplement Facts

ng Size 2 Capsules ngs per Container 30	
Convine Contains	

Rutin (from Dimorphandra mollis seed pod)

* Daily Value not established

Glucosamine Sulfate (glucosamine sulfate pot- from shellfish exoskeleton)	assium chloride 750 mg	
Chondroitin Sulfate (from bovine trachea)	52 mg	
L-Proline		
L-Cysteine (L-cysteine hydrochloride)		
Wild Yam (<i>Dioscorea villosa</i>) Root Extract (10:1) 1000 mg Dried Equivalent		
Devil's Claw (Harpagophytum procumbens) Ro	ot 60 mg	
Hesperidin (from Citrus sinensis fruit)	50 mg	
Stem Bromelain (from Ananas comosus stem)	16.6 mg / 60 MCU (600 000 FCC PU)	
Green Tea (Camellia sinensis) Leaf/Shoot	22.5 mg	
Green Tea (Camellia sinensis) Leaf/Shoot Std. Extract (45% Epigallocatechin-3-gallate)	17.5 mg	
0 1 15 01 1 1 10 1 10		

10 mg

From crab and shrimp
 Other ingredients: Hypromellose, cellulose, magnesium silicate, magnesium stearate Contains: Crustacean shellfish (crab and shrimp)