

Supplement Facts

Serving Size 1 Scoop (23 g)
Servings Per Container 27

Amount Per Serving		% Daily Value
Calories 90	Calories from Fat 20	
Total Fat	2 g	3%†
Saturated Fat	1 g	5%†
Cholesterol	50 mg	17%
Total Carbohydrate	2 g	1%†
Dietary Fiber	1 g	4%†
Sugars	1 g	**
Protein	15 g	30%†
Vitamin E (as dl-Alpha Tocopheryl Acetate)	23 IU	77%
Thiamin (as Thiamin Hydrochloride)	3.4 mg	227%
Riboflavin	4.2 mg	247%
Niacin (as Niacinamide)	58 mg	290%
Vitamin B6 (as Pyridoxine Hydrochloride)	5.8 mg	290%
Vitamin B12 (as Cyanocobalamin)	20 mcg	333%
Sodium	180 mg	8%
Energy Blend*	145 mg	**
Caffeine, Green Tea Extract (leaf) (Standardized for Epigallocatechin gallate [EGCG])		

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value Not Established.

Contains 75 MG of caffeine per scoop.
STORE IN A COOL, DRY PLACE.
CONTENT SOLD BY WEIGHT NOT VOLUME.

6035323 PROTEIN+ENERGY™ • Chocolate Mocha



We Believe in Real People Doing Great Things.

So we set out to create awesome fitness nutrition products that we'd proudly serve our own friends and family.

We are obsessed with quality, taste, and scientific integrity. Learn more about our products, our brand, and fitness nutrition at mytrusource.com or

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Directions: Mix one scoop of trusource™ Protein+Energy™ into 4-6 fluid ounces of water or milk. Mix in a shaker cup for an on-the-go treat or blend in a blender with one or two ice cubes for a creamier texture.

Suggested Use: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.



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trusource™



Simple. Fitness. Solutions.

NEW!

15 G Protein

PROTEIN +ENERGY™



EASY
MIXING



75
MG
CAFFEINE*



GLUTEN
FREE

NET WT 1.37 LB (621 G)
PROTEIN POWDER SUPPLEMENT

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY.
DO NOT USE FOR WEIGHT REDUCTION.

CHOCOLATE MOCHA
Naturally & Artificially Flavored

*Caffeine from Natural Sources

OTHER INGREDIENTS: Whey Protein Concentrate, Cocoa (Processed with Alkali), Natural and Artificial Flavor, Creamer, Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Sorbitol, Lecithin, Tocopherols, Lecithin, Coffee Powder, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Salt, Caffeine (From Tea and/or Coffee Bean), Sucralose. **CONTAINS: Milk and Soy.**

Manufactured by OPTIMUM NUTRITION, INC. 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 844.581.4817

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. DO NOT EXCEED 67 mg caffeine per day. UNDER THE AGE OF 18, WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING, OR THOSE THAT ARE BREASTFEEDING SHOULD NOT CONSUME THIS PRODUCT. NIACIN: DO NOT CONSUME CAFFEINE FROM OTHER SOURCES WHILE TAKING THIS PRODUCT AS TOO MUCH CAFFEINE CAN CAUSE HEADACHES, ANXIETY, SLEEPLESSNESS, AND OCCASIONALLY RAPID HEARTBEAT. NIACIN MAY CAUSE A HARMLESS, TEMPORARY REDNESS OF THE SKIN.

TEMPORARY REDNESS OF THE SKIN. 15 G OR FLUORIDE 500 MG

Made with high quality standards and ingredients in our own U.S. factories. *

*Manufactured in the USA. This product contains a significant amount of natural and domestic origin.

*These statements have not been evaluated by the Food and Drug Administration.

Product is not intended to diagnose, treat, cure, or prevent any disease.