

OMEGA SWIRL IS AN OMEGA-3 SENSATION!

With more than 2,900 mg of vegan Omega-3 per serving, everyone can enjoy the benefits of a super-efficient dose of Omega-3 nutrition without any oily taste and texture or large capsules. It's the perfect plant-based Omega-3 solution!

- Proprietary Amplified Absorption™[‡] Emulsification Technology
- No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Delicious Fruit Smoothie Taste & Texture
- Gluten Free, Non-GMO

‡ AMPLIFIED ABSORPTION™

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

SUGGESTED USE: 1 – 2 Tbsp daily. Child's dosage (4 yrs. and older): 1 Tbsp. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

SHAKE WELL. Keep out of reach of children. Do not give to pets.

FROM OUR FAMILY TO YOURS



Barlean's
Luce Costello

FRESHNESS DATING



ESTD 1989

BARLEAN'S

PATHWAY TO A BETTER LIFE

Omega Swirl

FLAX OIL

SUPPLEMENT

VEGAN OMEGA-3 FORMULA

Smoothie Taste and Texture

One Tablespoon a Day



MANGO FUSION

NET WT. 16 oz / 454 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)
Servings Per Container 89

	Amount Per Serving	% Daily Value
Calories	60	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	0 g	2%*
Trans Fat	0 g	†
Polyunsaturated Fat	4 g	†
Monounsaturated Fat	1 g	†
Total Carbohydrate	5 g	2%*
Vitamin E	6 IU	20%

Omega-3 Polyunsaturated Fat:

Alpha Linolenic Acid (LNA) 2968 mg †

Omega-6 Polyunsaturated Fat:

Linoleic Acid (LA) 739 mg †

Omega-9 Monounsaturated Fat:

Oleic Acid 864 mg †

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, antioxidant blend (Vitamin E (as α -d-tocopherol), canola oil, rosemary extract, and ascorbyl palmitate), lycopene and beta carotene, and sorbic acid.

LEARN MORE ABOUT A PATHWAY
TO A BETTER LIFE:

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