

Recommended Dose: Adults and Adolescents (12 years and older): Take two capsules two times daily with meals or as recommended by your healthcare practitioner. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

Seroyal Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

V1.0 **430**

BARCODE LOCATION
883196 13010



GENESTRA BRANDS™

Multi EFA Capsules

ESSENTIAL FATTY ACID SUPPLEMENT

90 Softgel Capsules

Supplement Facts

Serving Size 2 Capsules
Servings per Container 45

Each Serving Contains		% DV
Calories	25	
Calories from Fat	20	
Total Fat	2.5 g	4% ♦
Cholesterol	5 mg	2%
Protein	< 1 g	1% ♦
▲ Fish Oil (Anchovy and Sardine)	800 mg	*
▲ Flax (<i>Linum usitatissimum</i>) Seed Oil	800 mg	*
▲ Borage (<i>Borago officinalis</i>) Seed Oil	800 mg	*
▲ Yielding		
EPA (Eicosapentaenoic Acid)	240 mg	*
DHA (Docosahexaenoic Acid)	160 mg	*
ALA (Alpha-Linolenic Acid)	424 mg	*
GLA (Gamma-Linolenic Acid)	152 mg	*
LA (Linoleic Acid)	416.6 mg	*
OA (Oleic Acid)	330 mg	*

♦ Percent Daily Values (DV) are based on a 2000 calorie diet
* Daily Value not established

Other ingredients: Gelatin, glycerin, purified water, natural mixed tocopherols