"SHAKEN, NOT STIRRED"

Mt. Capra's **DOUBLE BONDED PROTEIN** is a high octane **whole protein** supplement produced from all natural goat's milk. It contains the complete full spectrum of amino acids from whey and casein proteins. The unique and natural blend of these two proteins provide a powerful muscle building supplement that triggers new muscle growth while suppressing muscle breakdown.

natural and comes in a delicious chocolate flavor made with organic cocoa and other natural chocolate extracts.

Suggested Directions:

'shaken, not stirred." Take two heaping scoops with 8 oz. of water, juice or your favorite non-carbonated beverage. Shake vigorously. Try adding to your smoothies, yogurt, hot cereals, pancakes, muffins etc...



CHOCOLATE
GOAT MILK PROTEIN

1007 GRAMS Dietary Supplement

Supplement Facts

Serving Size: 2 heaping scoops (33.5 grams) Serving Per Container: 30

| | Amount per Serving | % Daily Value* | Amino Acid Profile | |
|---------------------------------------------------|-----------------------|-----------------------------------------|-----------------------|----------|
| | ber serving | value | Asparagine: | 2,230 mg |
| Total Calories | 124 | 1% | Threonine: | 1,181 mg |
| Calories from fat | 9 | | Serine: | 991 mg |
| Fat | 1g | 276.1 | Glutamate: | 3,316 mg |
| Saturated Fat | 0g | 004 | Proline: | 1,260 mg |
| | | 070 | Valine: | 1,221 mg |
| Trans Fat | 0g | | Alanine: | 1,154 mg |
| Sodium | 13mg | 1% | Glycine: | 491 mg |
| Total Carbohydrate | s 8g | - C - C - C - C - C - C - C - C - C - C | Methionine: | 428 mg |
| Dietary Fiber | 1.3g | 2/0 | Isoleucine: | 1,127 mg |
| Sugars (not added | | | Leucine: | 2,526 mg |
| Protein | | 4204 | Tyrosine: | 907 mg |
| | 21g | 4270 | Histidine: | 440 mg |
| Calcium | 319 mg | 32% | Lysine: | 2,074 mg |
| SNEL 12 17 18 18 18 18 18 18 18 18 18 18 18 18 18 | | | Arginine: | 732 mg |
| * Percent Daily Values based on | | | Tryptophan: | 70 mg |
| a 2000 calorie diet | | | Phenylalanine: 859 mg | |

Ingredients: Goat Milk Protein, Organic Cocoa Powder, Natural Chocolate Flavor, Guar Gum, Xanthan Gum, Stevia

"Made with Organic Cocoa"

Manufactured by Mt. Capra Wholefoods 279 SW 9th St. Chehalis, WA 98532 1-800-574-1961 www.mtcapra.com

Product of the USA

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