

Power Your Brain

NATROL[®] DHA 500 Super Strength

Brain Support[†]

Fish is Brain Food

DHA belongs to the omega-3 family of essential fatty acids and plays a critical role in health and well-being. Like all fats, essential fatty acids provide energy for the body; however, the functions of DHA are unique and particularly important for human survival and growth. Specifically, DHA is a fundamental compound in the structure and activity of the membranes of all cells throughout the body.[†]

As the most abundant omega-3 fatty acid in the brain, DHA is vital for normal brain development and for maintenance of normal brain function throughout life. DHA comprises over 50% of the fatty acids in the brain's gray matter and retina, suggesting that it is critical for cognitive and visual function. DHA is a vital compound of neurons in the hippocampus, the brain's seat of learning, memory and emotion.[†]

Growing evidence from scientific research shows that Omega-3 fish oil has one of the most important benefits to your health available today. Researchers are actively studying the role of DHA in the maintenance of brain and memory function, cognitive health, cellular health and eye health throughout the lifespan.[†]

- Supports a healthy brain[†]
- Supports brain cell fluidity for healthy cellular communication[†]
- Nutritional support for the brain and nervous system[†]
- Helps support eye health[†]
- Supplementation with DHA during pregnancy supports visual acuity and cognitive health in infants[†]
- With Lemon Oil

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to fish or soy should consult their healthcare professional before taking this product.

Helps maintain healthy brain function[†]

NATROL[®] DHA 500 Super Strength

Brain Support[†]

- Nutritional Support for the Brain and Nervous System[†]
- 500 mg
- Only 1 Per Day



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SOFTGELS

DIETARY SUPPLEMENT

Directions: Take 1 softgel, one time daily, with a meal.

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Calories	13
Calories from Fat	11
Total Fat	1 g 2%*
Polyunsaturated Fat	1 g **
Cholesterol	6 mg 2%*
Omega-3 Fish Oil	1,200 mg **
(tuna, anchovy, sardine)	
DHA (Docosahexaenoic Acid)	500 mg

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Water, EPA (Eicosapentaenoic Acid), Natural Lemon Flavor, Mixed Tocopherols (as preservative).

NO Milk, Egg, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Yeast, Corn, Artificial Colors or Flavors, Added Sugar

Contains: Fish, Soy

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

Manufactured for NATROL LLC
Chatsworth, CA 91311 • USA
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www.natrol.com
Made in Canada

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Priority > Low Standard High

Date OK as is Show new proof

	Date	OK as is	Show new proof
Creative Director / Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
Marketing Manager / Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
Marketing Director / Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
Dir. of International Sales/ Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
Compliance / Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
R&D Director / Designee	_____	<input type="checkbox"/>	<input type="checkbox"/>
V.P. of Sales & Marketing	_____	<input type="checkbox"/>	<input type="checkbox"/>

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