



## RESEARCH SHOWED TONALIN® CLA TO:#

- Help Reduce Body Fat Mass†
- Help Increase Muscle Retention<sup>†</sup>

### STUDIES RECOMMEND:

- Up to 3,600 mg of CLA daily<sup>‡</sup>
- 2,000 kcal/day diet & 30 mins of walking (5 days per week)

Optimum results occurred between 8-12 weeks Individual results may vary.



The power is in the flower! This patented formulation of Tonalin CLA is derived by a proprietary process from natural safflower oil, a vegetarian source of linoleic acid.†

## **HOW IT WORKS**

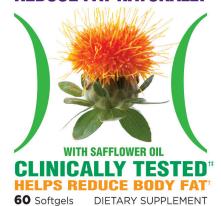
When you consume excess fat, it is stored in fat cells. Studies show CLA affects key enzymes involved in fat mobilization and the storage of fat.

This may result in the reduction of body fat mass.†‡

TONALIN® CLA is an exclusively licensed product of BASF Toe-Shape Of Things To Come® Personal Care and Nutrition GmbH. The use of conjugated linoleic acid as a dietary supplement and/or a food additive is licensed under one or more of the following U.S. Patents: 5,428,072; 5,430,066; 5,554,646; and 6,015,833.

# NATR@L<sup>\*</sup>

# **REDUCE FAT NATURALLY**



Directions: Take 1 softgel, three times daily, with

## Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 60

| Amount Per Serving                                |          | % DV |
|---|----------|------|
| Calories  | 13       |      |
| Calories from Fat                                 | 11       |      |
| Total Fat   | 1 g      | 2%** |
| Polyunsaturated Fat                               | 1 g      | *    |
| Tonalin® Conjugated Linoleic Acid<br>(CLA) FFA 80 | 1,200 mg | *    |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet. \*Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Water, Colored with Caramel, Mixed Tocopherols (as preservative).

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Yeast, Corn, Glutens, Artificial Colors or Flavors, Added Sugar or Starch. **CONTAINS** Soybeans



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<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is intended to be used in conjunction with the Natrol® healthy, reduced-calorie diet and exercise plan on Natrol.com. Individual results will vary.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating. People with allergies to soy should consult their healthcare professional before taking this product.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.



ITEM: 863.920 F: 3002074 B: 2007512-13129