

**Barlean's Fresh Catch® Ultra EPA Fish Oil** is a pure and pristine source of ultra-purified, pharmaceutical-grade fish oil in concentrated form.

- Free of Mercury and other Heavy Metals
- Free of PCBs and other Contaminants
- Non-GMO, Gluten Free



FRESHEST BEFORE

LEARN MORE ABOUT  
A PATHWAY TO A  
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Ferndale, WA 98248

ESTD 1989



PHARMACEUTICAL  
GRADE

MOLECULARLY  
DISTILLED

Fresh Catch®

**ULTRA EPA** SUPPLEMENT

**FISH OIL**

**OMEGA-3**

60 Softgels

LEMONADE FLAVOR

**Supplement Facts**

Serving Size 2 Softgels (2 g)  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0 g	†
Cholesterol	15 mg	5%
Vitamin E	2 IU	6%

**Omega-3 Polyunsaturated Fat:**

Eicosapentaenoic Acid (EPA)	1082 mg	†
Docosahexaenoic Acid (DHA)	98 mg	†
Other Omega-3 Fatty Acids	79 mg	†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

**INGREDIENTS:** Fish oil (Anchovy, Sardine and/or Mackerel), softgel (gelatin, glycerine, water, sorbitol sorbitan solution, and caramel color), natural flavors, and antioxidant blend (lecithin (sunflower and soy), sunflower oil, canola oil, natural mixed tocopherols, rosemary extract, ascorbyl palmitate, ascorbic acid, and citric acid).

**SUGGESTED USE:**  
2 softgels daily with a meal. Keep bottle tightly closed. Store in a cool, dry place out of reach of children.



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