

Tamper Evident Packaging. Tablets are sealed in blisters.

Store in a cool, dry place. Keep out of reach of children.

Visit us at www.natrol.com

Comments or Questions? Call Toll-Free 1-800-2-NATROL (800 262-8765)

NATROL®

Sleep'n Restore®

Wake Up Refreshed with
Powerful Antioxidants†

Promotes Normal Sleep Patterns
with Melatonin and Valerian†

DIETARY SUPPLEMENT 20 TABLETS

LOT/EXP:

NO UV

ITEM: 502 F: 3000204 B: 2004186-12219



This comprehensive nighttime formula helps promote a more restful, deeper sleep while supporting your body's natural restoration processes. The combination of Melatonin and Valerian helps promote normal sleep patterns. The powerful antioxidant formula provides your resting body with fighting power to restore and protect its cells from damage resulting from poor diets and busy lifestyles.†

This formula takes advantage of the natural restorative events that occur while we sleep, such as free radical removal and growth hormone production. **Natrol® Sleep 'n Restore** helps your body get the sleep and cellular protection it needs to wake up refreshed and ready to tackle the day.†

- Melatonin supports natural sleep patterns†
- Valerian promotes quality sleep†
- Vitamin E is a natural antioxidant that helps protect our bodies from oxidative damage produced by our daily activities†

Warning: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition or depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

NO Wheat, Egg, Milk, Soy, Glutens, Artificial Colors or Flavors, Added Sugar or Preservatives

Directions: Take 1 tablet before bedtime.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV
Vitamin E (from d-Alpha Tocopheryl Succinate)	30 IU	100%
Calcium (from Calcium Carbonate)	70 mg	7%
L-Glutamine	800 mg	*
Valerian Extract (<i>Valeriana officinalis</i>) (root)	100 mg	*
Grape Seed Extract (<i>Vitis vinifera</i>)	25 mg	*
Melatonin	3 mg	*

*Daily Value (DV) not established.

Other Ingredients: Cellulose, Stearic Acid, Silica, Cellulose Gum, Hypromellose, Magnesium Stearate, Methylcellulose, Maltodextrin, Glycerin, Carnauba Wax, Ethylcellulose.

100% Vegetarian

Manufactured by **NATROL, INC.**,
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1 800 2 -NATROL (800 262-8765)

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.