

 Human MicroFlora (HMF) probiotic strains are research-driven and clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU per day. Proprietary non-pathogenic human-sourced microflora bacterial strains are utilized as they have strong epithelial adherence and a naturally high tolerance to stomach acid.

Recommended Dose: Adults and Adolescents (12 years and older): In a glass, add water or juice to one heaped scoop of HMF Pre + Probiotic and mix. Take once daily, at least two to three hours before or after taking antibiotics or other medications, or as recommended by your healthcare practitioner. Drink a full glass of liquid with each serving. When used as a gentle laxative, effects are observed twelve to twenty-four hours after first dose, and may take two to three days.

Risk Information: If you are experiencing a sudden change in bowel habits that has persisted for more than two weeks, undiagnosed rectal bleeding, or failure to defaecate following the use of another laxative product; if you have diabetes mellitus in which blood sugar is difficult to regulate; or if you have an immune-compromised condition, or difficulty swallowing, do not use. Do not swallow in dry form. Consult your healthcare practitioner immediately if you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product. If symptoms of digestive upset (e.g. diarrhea) occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner. Hypersensitivity, such as allergy, has been known to occur following inhaled and/or ingested psyllium; in which case, discontinue use. May cause temporary gas and/or bloating.

Guaranteed to contain no added wheat, starch, gluten, soy, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans.

Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store under refrigeration (below 46 °F).



GENESTRA BRANDS

HMF Pre + Probiotic

PROBIOTIC SUPPLEMENT



Gluten free, Dairy free

Net Weight **8.8** oz (250 g)

Supplement Facts

Serving Size 1 Scoop (5 g)
Servings per Container 50

Each Serving Contains	% DV	
Calories	10	
Total Carbohydrate	5 g	2%♦
Dietary Fiber	5 g	19%♦
Probiotic Consortium	1.25 billion CFU	*
<i>Lactobacillus acidophilus</i> (CUL-60)		
<i>Lactobacillus acidophilus</i> (CUL-21)		
<i>Bifidobacterium bifidum</i> (CUL-20)		
<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34)		
Fructooligosaccharides (FOS)	2.5 g	*
Psyllium (<i>Plantago ovata</i>) Husk	2.19 g	*

♦ Percent Daily Values (DV) are based on a 2,000 calorie diet

* Daily Value not established

Seroyal

Made in the UK for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

V1.0 **423**

BARCODE LOCATION
883196 10515