

Amount Per Serving		% DV
Bioflavonoid Concentrate	100 mg	*
PABA (Para-Aminobenzoic Acid)	50 mg	*
Eleuthero (<i>Eleutherococcus senticosus</i>) (root)	50 mg	*
Springtime Horsetail Extract (herb)	50 mg	*
Bee Pollen	5 mg	*
Boron (as Boron Amino Acid Chelate)	1 mg	*

*Daily Value (DV) Not Established

Other Ingredients: Cellulose, Stearic Acid, Silica, Magnesium Stearate, Cellulose Gum, Rice Powder, Methylcellulose, Glycerine, Maltodextrin, Hypromellose, Dicalcium Phosphate, Starch, Gum Arabic, Citric Acid.

Contains Soy

Manufactured by NATROL LLC, Chatsworth, CA 91311 • USA

1 800 2-NATROL (800 262-8765) • www.natrol.com

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Yeast, Artificial Colors or Flavors or Added Preservatives.

††Supplied by Albion Human Nutrition, the chelates are covered by U.S. Patent # 7,838,042.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 3024 F: 3002847 L: 2007124-15083



24 VITAMINS & MINERALS

NATROL[®]
**MY FAVORITE
 Multiple[™]**

For Women

multivitamin

- Nutrient Rich Formula[†]
- With Folic Acid, Calcium & Antioxidants

DIETARY SUPPLEMENT

90 TABLETS

Directions: Take 3 tablets daily with meals.

Supplement Facts

Serving Size 3 Tablets
 Servings Per Container 30

Amount Per Serving		%DV
Vitamin A (as 100% Natural Beta Carotene from <i>D.salina</i>)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	250 mg	417%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Succinate)	100 IU	333%
Vitamin K (as Phytonadione)	50 mcg	63%
Thiamin (Vitamin B-1) (as Thiamine HCl)	100 mg	6667%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin	10 mg	50%
Vitamin B-6 (as Pyridoxine HCl)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	500 mcg	8333%
Biotin	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	500 mg	50%
Iron (as Iron Amino Acid Chelate)††	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Zinc (as Zinc Ascorbate)	15 mg	100%
Selenium (as Selenium Amino Acid Complex)††	200 mcg	286%
Copper (as Copper Amino Acid Chelate)††	2 mg	100%
Manganese (as Manganese Amino Acid Chelate)††	10 mg	500%
Chromium (as Chromium Amino Acid Chelate)††	200 mcg	167%
Molybdenum (as Molybdenum Amino Acid Chelate)††	100 mcg	133%
Potassium (as Potassium Chloride and Iodide)	99 mg	3%
Inositol	100 mg	*

LOT/EXP: