

KID'S OMEGA SWIRL IS AN OMEGA-3 SENSATION!

With the taste and texture of a fruit smoothie, Kid's Omega Swirl is the most delicious way to provide your children with the benefits of vital and essential Omega-3s. Made with the highest quality, ultra-purified fish oil, Kid's Omega Swirl is so tasty kids love it right off the spoon!

- Proprietary Amplified Absorption™[‡] Emulsification Technology
- Made with Barlean's Premium Fresh Catch® Natural Triglyceride Fish Oil
- 360 mg of EPA/DHA Per Serving
- No Artificial Flavors or Colors
- No Sugar: Naturally Sweetened with Xylitol
- Gluten free, Non-GMO

‡ AMPLIFIED ABSORPTION™

Barlean's proprietary emulsification technology is designed to boost absorption and deliver significantly more nutritional value than standard supplements.

PURITY GUARANTEED: Third party laboratory tested - free of harmful environmental contaminants.

SUGGESTED USE: 1 tsp daily. Can be taken straight or mixed into juice, yogurt, oatmeal, cottage cheese or blended beverages. Refrigerate for quality.

SHAKE WELL. Keep out of reach of children. Do not give to pets.



FRESHNESS DATING



ESTD 1989



**Kid's
Omega Swirl**

Fish Oil SUPPLEMENT

**EPA/DHA 360 mg
PER SERVING**

Smoothie Taste and Texture

One Teaspoon a Day



LEMONADE

NET WT. 8 oz / 227 g

Supplement Facts

Serving Size 1 tsp (5 mL)
Servings Per Container 43

	Amount Per Serving	% Daily Value for Children Under 4 Years of Age	% Daily Value for Adults and Children 4 or More Years of Age
Calories	20		
Calories from Fat	10		
Total Fat	1.5 g	†	2%*
Saturated Fat	0 g	†	0%*
Trans Fat	0 g	†	†
Polyunsaturated Fat	0.5 g	†	†
Monounsaturated Fat	0 g	†	†
Cholesterol	10 mg	†	3%
Total Carbohydrate	2 g	†	1%*
Vitamin E	2 IU	20%	7%
Omega-3 Polyunsaturated Fat:			
Eicosapentaenoic Acid (EPA)	220 mg	†	†
Docosahexaenoic Acid (DHA)	140 mg	†	†
Other Omega-3 Fatty Acids	90 mg	†	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Water, fish oil (Anchovy, Sardine and/or Mackerel), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), canola oil, rosemary extract, and ascorbyl palmitate), turmeric, and sorbic acid.

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