Amino Acids are the building blocks of muscle tissue. Each serving of Anabolic Amino 10,000 $^{\infty}$ contains 10,000 mgs of the highest quality peptide bond and free form amino acids derived from whey hydrolysate and an enzymatic digest of egg albumen, both considered to be two of the highest quality and most effective amino acid sources on the planet. These amino acids are in their "L-" configuration and their correct proportion so they can be quickly and efficiently absorbed and transported to muscle tissue. Anabolic Amino 10,000 provides your body with the amino acids necessary to increase muscle mass and strength, to prevent muscle breakdown, and to promote muscle protein synthesis, anabolic activity, and PNB (positive nitrogen balance) – when used in conjunction with integer exercises. used in conjunction with intense exercise.

IMPORTANT – Many other "amino" products are really just protein tablets with little or no actual amino acid content. Some other products even contain lower quality gelatin or soy protein. Anabolic Amino 10,000 is a true *amino acids* product and is higher in potency than most competing brands. It contains only naturally occurring amino acids, we add no additional amino acids from synthetic sources.

Directions: As a dietary supplement, take 3 to 6 tablets once or twice daily, preferably between meals or after your workout. Consume with plenty of liquid. As a reminder, it is always recommended to check with your physician before taking any dietary supplements, especially if you are pregnant, nursing, taking any medications, or have a medical condition. This product is formulated for adults only. KEEP OUT OF THE REACH OF CHILDREN Store in a cool, dry place. Do not refrigerate. Discontinue use if you experience any adverse effects. This is a natural product and the appearance may vary.

•These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease ©2011, 1985 Healthy 'N Fit International Inc.



Advanced Dietary Supplement

PRODUCED EXCLUSIVELY IN THE USA

ANABOLIC **AMINO 10,000**

NUTRITIONALLY SUPPORTS INCREASED **MUSCLE MASS AND STRENGTH**

360 TABLETS

THE QUALITY AND POTENCY OF THIS PRODUCT HAS BEEN LABORATORY TESTED AND ASSAYED

Amino Acids derived Supplement Facts from Whey Protein Hydrolysate and an Enzymatic Digest of

Serving Size: 6 Tablets Servings Per Container: 60

% Daily Value* Amount per serving: Calories OTHER INGREDIENTS Protein (as peptides and amino acids) 10g 20% (may contain any of the following): Typical Analysis: Mgs. Per 10,000 mgs. Amino Acids* I-Alanine 585.8 ma Microcrystalline L-Arginine 424.7 ma Cellulose, Dicalcium L-Aspartic Acid 974.7 mg Phosphate, Silica. L-Cystine 138.2 mg Croscarmellose L-Glutamic Acid 1511.7 mg Sodium, Stearic Acid. L-Glycine 906.0 ma Magnesium Stearate. L-Histidine 134.6 ma L-Isoleucine 480.2 mg Calcium Sulfate. L-Leucine 977.6 mg **Pharmaceutical** L-Lysine 728.2 mg Glaze, Camauba Wax. L-Methionine 157.6 ma Hydroxypropyl Methylcellulose. L-Phenylalanine 302.2 ma 804.7 mg L-Proline L-Serine 529.6 mg CONTAINS: MILK L-Threonine 539.9 mg L-Tryptophan-natural (no synthetic L-Tryptophan) 101.1 mg (Whey) and EGG L-Tyrosine

L-Valine 474.4 ma Percent Daily Values are based on a 2,000 calorie diet. *Daily Value not established

MADE EXCLUSIVELY IN THE U.S.A HEALTHY 'N FIT® INTERNATIONAL, INC. NEW YORK, USA DIST. 800-338-5200 info@behealthynfit.com

Egg Albumen.

