

Recommended Adult Dose: Take two teaspoons three times daily with meals or as recommended by your healthcare practitioner. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store out of direct sunlight. Shake well before each use. Refrigerate after opening. Keep out of reach of children.

V2.0 **402**

Spot UV Location

Seroyal

Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925

BARCODE LOCATION
883196 10721



GENESTRA BRANDS

EFA Liquid

ESSENTIAL FATTY ACID SUPPLEMENT

Natural Orange Flavor

8.5 fl oz (250 ml)



Supplement Facts

Serving Size 2 Teaspoons (10 ml)
Servings per Container 25

Each Serving Contains		% DV
Calories	80	
Calories from Fat	75	
Total Fat	9 g	14%◆
Saturated Fat	1 g	5%◆
Cholesterol	10 mg	3%
Flax (<i>Linum usitatissimum</i>) Seed Oil▲	7530 mg	*
Yielding		
ALA (Alpha-Linolenic Acid)	3766 mg	*
LA (Linoleic Acid)	1200 mg	*
Fish Oil (Sardine, Anchovy and Mackerel)▲	1000 mg	*
Yielding		
EPA (Eicosapentaenoic Acid)	160 mg	*
DHA (Docosahexaenoic Acid)	100 mg	*
Evening Primrose (<i>Oenothera biennis</i>) Seed Oil	280 mg	*
Yielding		
GLA (Gamma-Linolenic Acid)	28 mg	*

▲ Yielding 4050 mg Total Omega-3 Fatty Acids

◆ Percent Daily Values (DV) are based on a 2000 calorie diet

* Daily Value not established

Other ingredients: Organic orange oil, natural mixed tocopherols