



Pharmax Mobility 4 is a convenient way to provide nutritional support to maintain healthy joints - all in just four easy-to-take capsules/tablets*:

- 1

glucosamine sulfate
An important building block for connective tissues.*
- 2

chondroitin
Key structural component of cartilage in joints.*
- 3

omega-3 fatty acids
Helps support cognitive health and brain function, as well as maintain and support cardiovascular health.*
- 4

msm complex
Helps in the development and maintenance of bones.*

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

MOBILITY 4

dietary supplement
joint mobility support*

- 1

glucosamine sulfate
30 tablets
- 2

chondroitin
30 tablets
- 3

omega-3 fatty acids
30 soft-gel capsules
- 4

msm complex
30 vegetable capsules

Recommended adult intake:
One serrated strip, containing two tablets and two capsules, taken twice daily with meals or as professionally directed. Avoid taking at bedtime.

Risk information: If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. Some people may experience mild gastrointestinal bloating, constipation or indigestion.

Safety-sealed for your protection and for product freshness. Do not use if the blister pack has been tampered with. Store in a cool, dry place.

Keep out of reach of children.

glucosamine sulfate

Supplement Facts		
Serving Size 1 Tablet		
Amount per serving		%DV
Glucosamine sulfate (glucosamine sulfate 2KCl from shrimp & crab exoskeleton)	750 mg	†
† % Daily Value (DV) not established		

Other ingredients: Cellulose, acacia gum, hypromellose, vegetable magnesium stearate, silica, croscarmellose sodium, titanium dioxide, glycerin
Contains: Shellfish (shrimp, crab)

chondroitin

Supplement Facts		
Serving Size 1 Tablet		
Amount per serving		%DV
Calories	5	
Sodium	70 mg	3%
Chondroitin sulfate (chondroitin sulfate sodium from avian cartilage)	600 mg	†
† % Daily Value (DV) not established		

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, acacia gum, hypromellose, vegetable magnesium stearate, silica, croscarmellose sodium, titanium dioxide, glycerin, riboflavin

omega-3 fatty acids

Supplement Facts		
Serving Size 1 Capsule		
Amount per serving		%DV
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%*
Cholesterol	10 mg	4%
Eicosapentaenoic Acid (EPA)	395 mg	†
Docosahexaenoic Acid (DHA)	265 mg	†
Total omega-3 (EPA, DHA & other omega-3's provided as sardine & anchovy oil)	750 mg	†
* % Daily Values (DV) are based on a 2,000 calorie diet		
† % Daily Value not established		

Other ingredients: Fish gelatin, glycerin, orange oil, natural mixed tocopherols

msm complex

Supplement Facts		
Serving Size 1 Capsule		
Amount per serving		%DV
Vitamin D (cholecalciferol)	500IU	125%
Methylsulfonylmethane (MSM)	125 mg	†
Ginger (<i>Zingiber officinale</i>) root/rhizome std. extract (20:1) (5% gingerols / 500 mg dried equivalent)	25 mg	†
Curcumin (from <i>Curcuma longa</i> rhizome)	15 mg	†
Rose (<i>Rosa canina</i>) hips extract (20:1) (300 mg dried equivalent)	15 mg	†
† % Daily Value (DV) not established		

Other ingredients: Cellulose, hypromellose, silica, vegetable magnesium stearate

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