

3  
10539 03890  
1

Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

**Suggested use:** As a dietary supplement, adults take 1 tablet daily or as directed by your healthcare professional. Allow tablet to dissolve in mouth and then swallow.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

This product contains NO yeast, wheat, gluten, soy, corn, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #201659

# Methyl B12 Plus

A Dietary Supplement



90 Tablets

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 90

| Amount Per Serving                                    | %DV     |
|-------------------------------------------------------|---------|
| Folate.....400 mcg<br>(as L-methylfolate, Metafolin®) | 100%    |
| Vitamin B12 .....1,000 mcg<br>(as methylcobalamin)    | 16,667% |

Other ingredients: Xylitol, hydroxypropyl cellulose, natural black cherry and vanilla flavor (milk), vegetable stearate.