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This product contains NO yeast, wheat, gluten, milk/dairy, sodium, sugar, starch, artificial preservatives, artificial flavoring, or genetically modified organisms (GMOs).

Suggested Usage: As a dietary supplement, adults take 1 dropper (1 ml) daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN
REFRIGERATE AFTER OPENING

Warning: This product contains vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

CAUTION: Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 400 IU. This product delivers 1,000 IU of vitamin D per dose.

For optimal storage conditions, store in a cool, dry place.(59°-77°F/15°-25°C)(35-65%relative humidity). Tamper resistant package, do not use if outer seal is missing.

Formula #57302

Liquid D and K

A Dietary Supplement

 **DOUGLAS**
LABORATORIES®

1.0 fl. oz. (30 ml)

Supplement Facts

Serving Size 1 dropper (1 ml)
Servings per container 30

Amount Per Serving	%DV
Vitamin D-3 1,000 IU (cholecalciferol)	250%
Vitamin K 1,545 mcg	1,931%
as Vitamin K-2..... 1 mg (1,000 mcg) (MK-4)	
Vitamin K-1 500 mcg	
Vitamin K-2..... 45 mcg (from soy)	

Other ingredients: Water, medium chain triglycerides, sunflower oil, cellulose, natural vanilla flavor, xanthan gum, potassium sorbate and stevia.

Manufactured in Canada for:

Douglas Laboratories

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