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Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 1 tablet daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store in a cool, dry place. (59°-77°F/ 15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

MGK

# Mg-K Aspartate

A Dietary Supplement



100 Tablets

## Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

| Amount Per Serving                                 | %DV |
|----------------------------------------------------|-----|
| Magnesium ..... 100 mg<br>(as magnesium aspartate) | 25% |
| Potassium ..... 99 mg<br>(as potassium aspartate)  | 2%  |
| Aspartic acid (total yield)..... 682 mg            | *   |

\*Daily Value not established.

Other ingredients: Cellulose, carboxymethylcellulose, hydroxypropylcellulose, stearic acid, silica and vegetable stearate.