

# Ultra Supreme Greens & Fruits™ Powder Blend



**Synergetic Phyto-Nutrient  
Herbal Blend  
Certified Vegetarian  
No Preservatives**

**A Dietary Supplement**

Net Weight 10 oz (283 g)



**RECOMMENDATION:** Mix or blend 1 heaping tablespoon into water or juice 1 to 3 times daily.

**Ultra Supreme Greens** is a pleasant-tasting, synergetic blend of 36 nutrient-packed phyto and herbal green foods containing essential vitamins, minerals, fiber, chlorophyll, enzymes, and herbs.

**Caution:** Please discard the inedible freshness packet enclosed. Always consult a healthcare professional before taking any nutritional supplement.

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**Made In the USA**



## Supplement Facts<sup>#</sup>

Approximately 9 g per serving

Serving Size: 1 Heaping Tablespoon

Servings Per Container: 31

| APS (amount per serving)                                                                                                                                                                                                                                                                                     | APS      | % D.V.* | APS                                                                                                                                                           | % D.V.*   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Calories                                                                                                                                                                                                                                                                                                     | 40       |         | Eleuthero (eleutherococcus senticosus root)                                                                                                                   | 100 mg ** |
| Calories from Fat                                                                                                                                                                                                                                                                                            | 15       |         | Peppermint Powder                                                                                                                                             | 150 mg ** |
| Total Fat                                                                                                                                                                                                                                                                                                    | 2 g      | 2%      | Green Tea (camellia sinensis - 40% Catechins)                                                                                                                 | 100 mg ** |
| Total Carbohydrates                                                                                                                                                                                                                                                                                          | 4 g      | 4%      | Royal Jelly (min. 5% 10-HDA)                                                                                                                                  | 100 mg ** |
| Dietary Fiber                                                                                                                                                                                                                                                                                                | 1.5 g    | 8%      | Fructooligosaccharides (FOS)                                                                                                                                  | 100 mg ** |
| Sugars                                                                                                                                                                                                                                                                                                       | 1.5 g    | **      | Trace Minerals (plant mineral sources)                                                                                                                        | 100 mg ** |
| Protein                                                                                                                                                                                                                                                                                                      | 2 g      | 4%      | Milk Thistle Extract (80% Silymarin)                                                                                                                          | 80 mg **  |
| Vitamin C (Organic Amla Extract)                                                                                                                                                                                                                                                                             | 60 mg    | 100%    | Ginkgo Biloba (extract - leaves - 24% ginkgoflavonglycosides)                                                                                                 | 20 mg **  |
| Vitamin K                                                                                                                                                                                                                                                                                                    | 35 mcg   | 45%     | Grapeseed Extract (95% Polyphenols - vitis unifera)                                                                                                           | 20 mg **  |
| Vitamin B-12                                                                                                                                                                                                                                                                                                 | 4 mcg    | 65%     | Bilberry Extract (25% Anthocyanidins)                                                                                                                         | 20 mg **  |
| Calcium                                                                                                                                                                                                                                                                                                      | 125 mg   | 10%     | Vegetable & Plant Enzymes (Protease, Amylase, Lipase, Celulase, Lactase, Papain & Bromelain)                                                                  | 375 mg ** |
| Iron                                                                                                                                                                                                                                                                                                         | 3 mg     | 16%     | Coenzyme Q10                                                                                                                                                  | 12 mg **  |
| Iodine (from Kelp)                                                                                                                                                                                                                                                                                           | 90 mcg   | 60%     | Alpha Lipoic Acid                                                                                                                                             | 10 mg **  |
| Magnesium                                                                                                                                                                                                                                                                                                    | 23 mg    | 6%      | Cinnamon (bark)                                                                                                                                               | 10 mg **  |
| Zinc                                                                                                                                                                                                                                                                                                         | 160 mcg  | 2%      | Pau d'Arco                                                                                                                                                    | 10 mg **  |
| Proprietary Phyto-Nutrient Blend (5,850 mg) **                                                                                                                                                                                                                                                               |          |         | Stevia Extract (leaves)                                                                                                                                       | 15 mg **  |
| [Kelp Powder, Spirulina (organic hawaiian), Alfalfa (juice concentrate), Wheat Grass (organic powder), Barley Grass (organic powder), Carrot Powder, Barley Malt Powder, Broccoli Powder, Brown Rice Bran, Apple Fiber, Apple Pectin, Oat Bran, Chlorella Powder, Red Beat Powder & Aloe Vera (whole plant)] |          |         | * (% D.V.) Percent Daily Values based on 2000 Calorie diet.                                                                                                   |           |
| Lecithin Powder                                                                                                                                                                                                                                                                                              | 2,000 mg | **      | ** Percent Daily Value not established.                                                                                                                       |           |
| Panax Ginseng (organic root)                                                                                                                                                                                                                                                                                 | 250 mg   | **      | # These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. |           |