

NATROL® SLEEP & REPAIR™: For Active Lifestyles

Finally, a nighttime formula designed for the needs of active adults and fitness enthusiasts. Natrol® SLEEP & REPAIR™ is much more than a sleep aid; it is an advanced rest and rejuvenation formula. Natrol® SLEEP & REPAIR™ uses science-backed ingredients that support reparative sleep and optimize recovery for the body and mind. Natrol® SLEEP & REPAIR™ helps you wake up restored, energized and ready to meet your life goals, head on.†

*Clinical and experimental research has shown that Phosphatidylserine, L-Carnitine and Magnesium may help optimize muscle recovery.

Warning: If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare professional prior to using. Consult your physician before using if you have an autoimmune condition or depressive disorder or are pregnant or lactating. People with allergies to soy or corn should consult their healthcare professional before taking this product. Do not take when operating machinery or driving a vehicle.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT 59-86°F
(15-30°C). PROTECT FROM LIGHT AND MOISTURE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL® Sleep & REPAIR™

BODY & MIND REJUVENATION†

- Fall Asleep with Melatonin and Valerian†
- Rejuvenate with Antioxidants†
- Replenish Cellular Energy†

30 SOFTGELS
DIETARY SUPPLEMENT

CLINICALLY TESTED INGREDIENTS
TO SUPPORT MUSCLE RECOVERY†*

Directions: Take 1 Softgel 20 minutes before bedtime. Up to 2 softgels can be taken at a time.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 30

Amount Per Serving		%DV†
Calories	10	
Calories from Fat	6	
Total Fat	1 g	2%‡
Vitamin A (as Retinyl Acetate)	625 IU	13%
Vitamin C (as Ascorbic Acid)	15 mg	25%
Vitamin D (as Cholecalciferol)	500 IU	125%
Vitamin B6 (as Pyridoxine HCl)	5 mg	250%
Vitamin B12 (as Cyanocobalamin)	250 mcg	4167%
Magnesium (as Magnesium Oxide)	0.05 mg	< 1%
Zinc (as Zinc Oxide)	15 mg	100%

Natrol Rejuvenate Proprietary PM Blend™	500.35 mg	**
[Phosphatidylserine, L-Carnitine (as L-Carnitine Fumarate); Grape (<i>Vitis vinifera</i> L.) Extract (seed and skin); Alpha-Lipoic Acid; Calcium Pyruvate; Hops (<i>Humulus lupulus</i> L.) Extract (flower); L-Glutamine; Valerian (<i>Valeriana officinale</i> L.) Extract (root)]		
Melatonin	1.5 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Purified Water, Yellow Beeswax, Lecithin, Caramel Color.

Manufactured for NATROL, Inc. • Chatsworth, CA • 91311 • USA
1 800 2-NATROL (800 262-8765) • www.natrol.com

No: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Yeast, Gluten, Artificial Flavors or Colors, Added Sugars or Preservatives.

Contains: Soy

LOT/EXP: