

# READY CLEAN

**HERBAL CLEANSER**  
with Vitamins and Minerals

Detoxify® Brand herbal cleansing supplements have been specifically formulated with a proprietary blend of ingredients historically known to reduce toxins and impurities in the body when used in conjunction with a healthy diet and exercise.

The herbs, fiber, vitamins and minerals in READY CLEAN® support the 4 Factors of Full System Cleansing™:

- Cleansing herbs promote the production of urine and support liver, kidney, and urinary system function.
- Fruit fiber supports digestive system function and health.
- Contains ingredients that support the circulatory system function and blood cleansing.
- Vitamins and minerals replenish nutrients lost during intensive cleansing.

#### Directions for Use:

Follow these simple steps and you will notice READY CLEAN's immediate impact on your body's natural cleansing process.

1. Pick your day for using your READY CLEAN for intensive cleansing.
2. Begin your cleansing program with READY CLEAN.
3. Shake the READY CLEAN well and drink entire contents of the bottle.
4. Wait 15 minutes. Refill the READY CLEAN bottle with water – shake and drink.
5. Urinate frequently. Urinating 3-4 times indicates that you are experiencing optimal cleansing with READY CLEAN.
6. You may drink 16 oz. of water every 2 hours after using READY CLEAN to extend your cleansing benefits throughout the day.

#### Additional Information:

- READY CLEAN is intended for periodic intensive cleansing that is a part of an ongoing cleansing routine.
- For best results, use Detoxify's® PreCleansing products for 2 days prior to using READY CLEAN.
- For optimal cleansing and health, take Detoxify Constant Cleanse® every day with six 16oz glasses of water.
- Eat light meals, including fruits, vegetables, and fiber during your cleansing program.

PREGNANT OR BREASTFEEDING WOMEN SHOULD CONSULT THEIR PHYSICIAN BEFORE USING THIS PRODUCT. READY CLEAN is not intended for children.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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**For More Information**  
800-338-6948 • [www.Detoxify.com](http://www.Detoxify.com)

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MADE IN THE USA



**Detoxify®**  
BRAND

**Begins Working Immediately!**

# READY CLEAN

**HERBAL CLEANSER**  
with Vitamins and Minerals



**Tropical Fruit Flavor**  
with other natural flavors

**DIETARY SUPPLEMENT**

**16 FL. OZ. (473 mL)**

## Supplement Facts

Serving Size 16 fl. oz. (473 mL)

Servings per container 1

|                                                                                                   | Amount<br>Per<br>Serving | % Daily<br>Value |
|---------------------------------------------------------------------------------------------------|--------------------------|------------------|
| Calories                                                                                          | 90                       |                  |
| Sodium                                                                                            | 95 mg                    | 4%               |
| Total Carbohydrate                                                                                | 21 g                     | 7%*              |
| Sugars                                                                                            | 21 g                     | **               |
| Vitamin A (as Retinyl Palmitate)                                                                  | 1250 IU                  | 25%              |
| Vitamin D (as Cholecalciferol)                                                                    | 100 IU                   | 25%              |
| Thiamin (as Thiamin Hydrochloride)                                                                | 0.4 mg                   | 25%              |
| Riboflavin                                                                                        | 0.4 mg                   | 25%              |
| Niacin (as Niacinamide)                                                                           | 5 mg                     | 25%              |
| Vitamin B6<br>(as Pyridoxine HCL)                                                                 | 0.5 mg                   | 25%              |
| Folate (as Folic Acid)                                                                            | 100 mcg                  | 25%              |
| Vitamin B12<br>(as Cyanocobalamin)                                                                | 1.5 mcg                  | 25%              |
| Biotin (as d-Biotin)                                                                              | 75 mcg                   | 25%              |
| Pantothenic Acid<br>(as D-Calcium Pantothenate)                                                   | 2.5 mg                   | 25%              |
| Calcium (as Calcium Lactate Gluconate)                                                            | 100 mg                   | 10%              |
| Magnesium<br>(as Magnesium Chelate)                                                               | 40 mg                    | 10%              |
| Zinc (as Zinc; Gluconate)                                                                         | 3.8 mg                   | 25%              |
| Selenium<br>(as L-Selenomethionine)                                                               | 17.5 mcg                 | 25%              |
| Manganese<br>(as Manganese Chelate)                                                               | 0.5 mg                   | 25%              |
| Chromium (as Chromium Polynicotinate)                                                             | 30 mcg                   | 25%              |
| Fruit Pectin                                                                                      | 86 mg                    | **               |
| Proprietary Herb Blend                                                                            | 1 g                      | **               |
| Burdock Root Extract, Milk Thistle<br>Seed Extract, Nettle Leaf Extract,<br>Uva Ursi Leaf Extract |                          |                  |
| Creatine Monohydrate                                                                              | 500 mg                   | **               |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Reverse Osmosis Water, Fructose, Natural Flavors, Citric Acid, Sodium Benzoate and Potassium Sorbate (as preservatives), Red 40.

Detoxify cleansing formulas are manufactured at:  
Detoxify, LLC, 6263 N. Scottsdale Road, Scottsdale, AZ 85250 USA