Recommended Adult Dose: Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. Risk Information: If you are pregnant or breastfeeding; if you have a bile duct obstruction, liver disorders/cancer, septic gall bladder inflammation or intestinal spasm; if you have an iron deficiency; if you have or have had breast, ovarian or uterine cancer; if you are taking oral contraceptive medication; or if you use UV light treatment or solarium therapy. do not use. If gastrointestinal discomfort or allergic reactions occur, discontinue use. Guaranteed to contain no added wheat, yeast, gluten, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. V3.0 304



TCO Forte VITAMIN-MINERAL SUPPLEMENT

Seroval Seroyal USA Pittsburgh, PA 15275

BARCODE LOCATION 883196 10554

Supplement Facts Serving Size 1 Tablet

| servings per container ou | | |
|---|---------|-------|
| Each Tablet Contains | | % DV |
| Vitamin A (100% beta-carotene) | 2000 IU | 40% |
| Vitamin C (manganese ascorbate) | 128 mg | 213% |
| Vitamin E (d-alpha tocopheryl succinate) | 30 IU | 100% |
| Calcium (bovine bone meal) | 65 mg | 7% |
| Magnesium (magnesium aspartate/ oxide) | 30 mg | 8% |
| Zinc (zinc aspartate) | 10 mg | 67% |
| Manganese (manganese ascorbate) | 30 mg | 1500% |
| Hesperidin (from Citrus sinensis fruit) | 195 mg | * |
| Horsetail (Equisetum arvense) Aerial Parts Extract (6:1) | 50 mg | * |
| 300 mg Dried Equivalent | | |
| Wild Yam (Dioscorea villosa) Root | 50 mg | * |
| Chondroitin Sulfate (chondroitin sulfate sodium ◆/ trachea ▲) | 49 mg | * |
| Green Tea (Camellia sinensis) Leaf/Shoot | 43 mg | * |
| Green Tea (Camellia sinensis) Leaf/Shoot | 33 mg | * |
| Std. Extract (45% Epigallocatechin-3-gallate) | | |
| Rutin (from Dimorphandra mollis seed pod) | 29 mg | * |
| * Daily Value (DV) not established | , | |

^{*} Daily Value (DV) not established

◆ From bovine cartilage | ▲ From bovine and porcine

Other ingredients: Cellulose, hyprolose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin