

Recommended Adult Dose: Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding; if you have hypokalemia, high blood pressure, kidney or cardiovascular disorder, diabetes, glycosuria, vascular disease, hyperadrenia, hyperthyroidism, bile duct obstruction, acute liver diseases or cancers, septic gall bladder inflammation, intestinal spasm, or an allergy to plants of the Dioscorea family; if you have hormone sensitive conditions such as uterine, endometrial, breast or ovarian cancer, as well as endometriosis and uterine fibroids; or if you are taking thiazide diuretics, cardiac glycosides, corticosteroids, immunosuppressants, stimulant laxatives or other medications which may aggravate electrolyte imbalance, do not use. As wild yam may increase the risk of thrombosis, do not use if you have protein S deficiency. **Guaranteed** to contain no added wheat, yeast, gluten, soy, artificial coloring or flavoring or dairy products. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

V.L.O. 301

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Seroyal

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GENESTRA BRANDS

TAD+

VITAMIN-MINERAL SUPPLEMENT

60 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings per Container 60

Each Tablet Contains		% DV
Vitamin A (vitamin A palmitate)	3333 IU	67%
Vitamin C (ascorbic acid)	166 mg	277%
Thiamin (thiamin mononitrate)	8 mg	533%
Riboflavin	6.6 mg	388%
Niacin (niacinamide)	50 mg	250%
Vitamin B ₆ (pyridoxine hydrochloride)	16.6 mg	830%
Pantothenic Acid (calcium <i>d</i> -pantothenate)	8 mg	80%
Calcium (dibasic calcium phosphate dihydrate)	65 mg	7%
Zinc (zinc aspartate)	8 mg	53%
Bovine (<i>Bos taurus</i>) Adrenal	175 mg	*
Bovine (<i>Bos taurus</i>) Spleen	175 mg	*
Wild Yam (<i>Dioscorea villosa</i>) Root	15 mg	*
Licorice (<i>Glycyrrhiza glabra</i>) Root	15 mg	*

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin