

Recommended Adult Dose: Take three tablets daily before bedtime, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. Do not use for more than seven days. **Risk Information:** If you have intestinal obstructions and/or stenosis, chronic gastrointestinal disorder, atony, appendicitis, inflammatory colon diseases such as Chron's disease or ulcerative colitis, abdominal pain of unknown origin, nausea, fever, vomiting, hemorrhoids, undiagnosed rectal bleeding, a severe dehydration state with water and electrolyte depletion; or if you are pregnant or breastfeeding, do not use. If you are taking thiazide diuretics, corticosteroids, licorice root or other medications that may aggravate electrolyte imbalance; or if you are allergic to plants of the Apiaceae/Carrot family, do not use. If you experience abdominal cramps, spasms and/or pain, reduce dose or discontinue use. Hypersensitivity to senna and cascara sagrada has been known to occur; in which case, discontinue use. **Guaranteed** to contain no added wheat, starch, yeast, gluten, corn, soy, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

V2.0 **502**

BARCODE LOCATION
883196 10361



GENESTRA BRANDS

Herbolax

HERBAL SUPPLEMENT

90 Tablets

Supplement Facts

Serving Size 3 Tablets
Servings per Container 30

Each Serving Contains

Senna (<i>Senna alexandrina</i>) Leaf	840 mg *
Chinese Rhubarb (<i>Rheum palmatum</i>) Root	195 mg *
Anise (<i>Pimpinella anisum</i>) Seed	165 mg *
Fenugreek (<i>Trigonella foenum-graecum</i>) Seed	165 mg *
Cascara Sagrada (<i>Frangula purshiana</i>) Bark Extract (3:1) (10% Cascarosides / 202.5 mg Dried Equivalent)	67.5 mg *

* Daily Value not established

Other ingredients: Cellulose, hypolose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

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