

Amount Per Serving	% DV
Orchard Fruits™ / Garden Veggies™ Blend 200 mg	**
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend 100 mg	**
Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	
Digestive Enzyme Blend 100 mg	**
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Omega 3/6/9 Fatty Acid Seed Blend 100 mg	**
Flax Seed Powder, Sunflower Seed Powder	
Organic Mushroom Mycelium Defense Blend 100 mg	**
Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flammulina velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kawaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones 60 mg	**
Inositol 50 mg	**
Siberian Eleuthero (<i>Eleutherococcus senticosus</i>) (root) 50 mg	**
Choline (as choline bitartrate) 30 mg	**
Rutin (<i>Sophora japonica</i>) flower bud extract 25 mg	**
Lutein (from marigold) 500 mcg	**
†Percent Daily Values (DV) are based on a 2,000 calorie diet.	
**Daily Value (DV) not established.	

Other ingredients: plant-derived capsule (modified cellulose), vegetable magnesium stearate, silica

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Questions? 1-800-9NATURE / naturesway.com.

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, artificial colors, flavors or preservatives. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

MAX Potency 6x Daily

The most potent, nutrient diverse Alive!® capsule multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**



MAX B-Vitamins

to help convert food into energy*

Whole Body Nutrition

for men and women to help support:



Bones*



Cells*



Digestion*



Eyes*



Heart*



Hair/Skin/Nails*



Immunity*



Metabolism*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium
Formula



Alive!

Max⁶ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™

with Food Based blends

Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg),
 Enzymes, Bioflavonoids, EFAs

90 VEG CAPSULES • Multi-Vitamin Supplement

Recommendation: Take 6 capsules daily, preferably with food. If pregnant, nursing, taking any medications or have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

Supplement Facts

Serving Size 6 Capsules / Servings Per Container 15		
Amount Per Serving		% DV
Calories	10	
Total Carbohydrate	2 g	<1%†
Vitamin A (67% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU	300%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D (as ergocalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K1 (as phytonadione)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	125 mg	625%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3,333%
Biotin	325 mcg	108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg	1,250%
Calcium (as carbonate/citrate)	250 mg	25%
Iron (as ferrous bisglycinate chelate)	18 mg	100%
Iodine (as potassium iodide and from kelp powder)	150 mcg	100%
Magnesium (as magnesium oxide, magnesium citrate)	125 mg	31%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as L-selenomethionine)	200 mcg	286%
Copper (as copper bisglycinate chelate)	2 mg	100%
Manganese (as manganese bisglycinate chelate)	5 mg	250%
Molybdenum (as sodium molybdate)	75 mcg	100%
Potassium (as potassium citrate)	50 mg	1%
Daily Greens™ Blend providing Amino Acids	400 mg	**
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (<i>Aphanizomenon flos-aquae</i>), Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass, Nettle (leaf), Plantain (leaf), Wheat Grass		



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