

Natrol® Soya Lecithin offers a naturally occurring combination of phospholipids, including Phosphatidylcholine and Phosphatidylinositol, which are the preferred sources of Choline and Inositol, respectively. Phospholipids are vital components of cell membranes, ensuring cell function and growth, and are involved in the synthesis of neurotransmitters. Lecithin also helps the body emulsify fat. Let Natrol Soya Lecithin help provide you with dietary support for the heart, brain and liver health today.†

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs or are pregnant or lactating. People with allergies to soy should consult their healthcare professional before taking this product.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 6737 F: 3002970 L: 2007573-15182



NATROL®

Soya Lecithin 1200mg

- Supports Cardiovascular Health[†]
- Supports Brain Function and Liver Health[†]
- Natural Source of Choline[†]

120 SOFTGELS
DIETARY SUPPLEMENT



Directions: Take 1 softgel daily with a meal.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 120

Amount Per Serving		%DV
Calories	14	
Calories from Fat	11	
Total Fat	1 g	2% [‡]
Polyunsaturated Fat	.5 g	**
Soya Lecithin	1,200 mg	**
Phosphatidylcholine	180 mg	**
Phosphatidylethanolamine	150 mg	**
Phosphatidylinositol	100 mg	**
Phosphatidic Acid	60mg	**

[‡] Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Purified Water.

Contains Soy

Manufactured for NATROL LLC

Chatsworth, CA 91311 • USA

1 800 2-NATROL (800 262-8765)

www.natrol.com • Made in USA

NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Glutens, Yeast, Corn, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: