

**Suggested Usage:** Take 2 capsules 1 to 2 times daily, preferably with food.

Red Yeast Rice (RYR) is a natural product that has been used by Asian traditional herbalists for centuries and is produced by fermenting Red Yeast (*Monascus purpureus*) with rice. This NOW product also includes Alpha Lipoic Acid and CoQ10 for free radical protection, as well as Silymarin to support healthy liver function.\* CoQ10 is also known for its cardiovascular supporting properties.\* This product is carefully produced to avoid the presence of citrinin, an unwanted by-product of RYR fermentation process.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**WARNING:** Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. For adults only. Consult physician if taking medication (especially statins) or have a medical condition, including a history of statin-intolerance or liver disease. Keep out of reach of children. If muscle complaints occur, discontinue use and consult a physician. Do Not Eat Freshness Packet. Keep in Bottle.

CAPSULE SIZE

CODE 3334C V14



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# Red Yeast Rice

600 mg with CoQ10 30 mg

Cardiovascular Support\*

Plus Milk Thistle & Alpha Lipoic Acid

120 Veg Capsules



A Dietary Supplement Vegetarian/Vegan

General Health

Family owned since 1968.

## Supplement Facts

Serving Size 2 Veg Capsules

Servings Per Container 60

### Amount Per Serving

|                                                                                        |                   |
|----------------------------------------------------------------------------------------|-------------------|
| Organic Red Yeast Rice<br>( <i>Monascus purpureus</i> )                                | 1.2 g (1,200 mg)* |
| Milk Thistle Extract<br>( <i>Silybum marianum</i> ) (Fruit/Seeds) (min. 80% Silymarin) | 210 mg*           |
| Alpha Lipoic Acid                                                                      | 100 mg*           |
| CoQ10 (Coenzyme Q10) (as Ubiquinone)                                                   | 60 mg*            |

\* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.  
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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

