

Natrol® Hot Flashex® provides natural plant estrogens, vitamin E and calcium to meet the changing nutritional needs of women throughout the stages of life. Hot Flashex® provides Black Cohosh for hormonal support and vitamin E for additional antioxidant support.†

Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs. Do not use this product if you have or have a history of liver problems and/or disease or frequently use alcoholic beverages. Discontinue use and consult your healthcare professional if unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin occur. Not for use by individuals under 18 years of age or pregnant or lactating.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 3008.911 F: 3000160 L: 2008315-15174



NATROL® Hot Flashex®

- Helps Reduce Hot Flashes†
- Hormone Free
- 100% Vegetarian

60 CAPLETS
DIETARY SUPPLEMENT



Directions: Take 1 caplet, one time daily, before bedtime.

Supplement Facts

Serving Size: 1 Caplet

Amount Per Serving	%DV*
Vitamin E (from d-Alpha Tocopheryl Succinate)	50 IU 167%*
Calcium (from Tribasic Calcium Phosphate)	70 mg 7%*
Phosphorus (from Tribasic Calcium Phosphate)	25 mg 3%*
Licorice Extract (<i>Glycyrrhiza glabra</i>) (root)	100 mg **
Black Cohosh (<i>Cimicifuga racemosa</i>) (root)	60 mg **
Triterpene glycosides	1.5 mg **
Chamomille Extract (<i>Matricaria recutita</i>) (flower)	50 mg **

*Percent Daily Values (DV) are based on a 2,000 Calorie Diet.

**Daily Values not established.

Other Ingredients: Cellulose, Stearic Acid, Cellulose Gum, Silica, Magnesium Stearate, Methylcellulose, Glycerin, Maltodextrin.

Contains Soy, Corn

Manufactured by NATROL LLC
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NO Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Wheat, Peanuts, Yeast, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives.

LOT/EXP: