

Other Ingredients: Gelatin, Water, Maltodextrin, Silica, Magnesium Stearate.

Contains Tree Nuts, Soy

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765)
www.natrol.com

NO Milk, Egg, Fish, Crustacean Shellfish, Wheat, Peanuts, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

Consult your healthcare professional if you have or have had liver problems, frequently use alcoholic beverages, or take any medication before using supplements containing black cohosh. Do not use if you are pregnant or lactating. Stop use and see a physician if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin). People with allergies to soy, tree nuts, or corn should consult their healthcare professional before taking this product. Not for use by individuals under the age of 18 years.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 3000 F: 3000153 L: 2004347-15082



NATROL

Menopause Formula

- Hormone Free
- May Help Relieve Hot Flashes[†]
- Supports Bone Health[†]

60 CAPSULES
DIETARY SUPPLEMENT



Directions: Take 3 capsules, one time daily, with a meal.

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 20

Amount Per Serving		%DV
Calcium	250 mg	25%
(from Calcium Carbonate)		
Magnesium	125 mg	31%
(from Magnesium Oxide)		
Soy Extract	100 mg	*
(<i>Glycine max</i>) (soy germ)		
Soy Isoflavones	10 mg	*
Red Raspberry Extract	100 mg	*
(<i>Rubus idaeus</i>) (leaf)		
Dong Quai Extract	50 mg	*
(<i>Angelica sinensis</i>) (root)		
Wild Yam Extract	50 mg	*
(<i>Dioscorea villosa</i>) (root)		
Licorice Extract	50 mg	*
(<i>Glycyrrhiza glabra</i>) (root)		
Red Clover Extract	50 mg	*
(<i>Trifolium pratense</i>) (flower)		
Horse Chestnut Extract	50 mg	*
(<i>Aesculus hippocastanum</i>) (seed)		
Black Cohosh Extract	40 mg	*
(<i>Cimicifuga racemosa</i>) (root)		
Damiana Extract	30 mg	*
(<i>Turnera diffusa</i>) (leaf)		
Chaste Tree Extract	25 mg	*
(<i>Vitex agnus-castus</i>) (fruit)		
Ginkgo Extract	25 mg	*
(<i>Ginkgo biloba</i>) (leaf)		
Gotu Kola Extract	25 mg	*
(<i>Centella asiatica</i>) (whole plant)		
Gamma Oryzanol	20 mg	*

*Daily Value (DV) not established.

LOT/EXP: