200 mg of Zen

200 mg of Zen contains a combination of L-theanine and GABA. L-theanine is found in green tea (*Camellia sinensis*).

Suggested Use

As a dietary supplement, 1 or 2 capsules daily between meals, or as directed by a healthcare practitioner.

Contraindicated with drugs or use only under the supervison of a healthcare practitioner.

Keep in cool, dry place, tightly capped.

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AllergyResearchGroup®

200 mg of Zen

dietary supplement

HYPOALLERGENIC

120 vegetarian capsules

Supplement Facts

Serving Size	2 Capsules
Servings Per Container	60

Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid) 550 mg	*
L-Theanine 200 mg	*

* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, cellulose, L-leucine.

Formulated exclusively for Allergy Research Group®
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Rev. 003