

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **1060**

[www.vitaminworld.com](http://www.vitaminworld.com)

1-800-228-4533

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Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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**VITAMIN WORLD**  
*get healthy.*

**PREMIUM**  
**LECITHIN**  
**GRANULES**

PROMOTES BRAIN HEALTH AND FUNCTION\*

SUPPORTS HEART HEALTH\*

1680 MG OF PHOSPHATIDYLCHOLINE PER SERVING



VEGETARIAN  
DIETARY  
SUPPLEMENT

NET WT. 30 oz. (850 g)

**DIRECTIONS:** For adults, take one (1) tablespoon (8 g) one or two times daily, preferably with a meal. Soy Lecithin is a pleasant tasting dietary supplement. It may be taken with any solid or liquid food.

### Supplement Facts

Serving Size 1 Tablespoon (8 g)

Servings Per Container about 106

Amount Per Serving	%Daily Value
Calories	60
Calories from Fat	40
Total Fat	4 g 7%**
Saturated Fat	1 g 5%**
Total Carbohydrate	<1 g <1%**
Calcium	60 mg 6%
Phosphorus	272 mg 27%
Potassium	95 mg 3%
Soy Lecithin	8,000 mg (8 g) ***
Typically Contains:	
Linoleic Acid	2,160 mg (2.16 g) ***
Phosphatidylcholine	1,680 mg (1.68 g) ***
Phosphatidylinositol	960 mg ***
Linolenic Acid	240 mg ***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Ingredient:** Soy Lecithin.

This product is sold by weight and not volume. You can be assured of proper weight even though some settling of contents may occur during shipping and handling.