



The Very Finest Fish Oil

Omega-3s DHA & EPA



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

120 Soft Gels: 1000 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per 1 Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	<5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Norwegian Fish Oil	1000 mg	†
Total Omega-3 Fatty Acids*	350 mg	†
EPA (Eicosapentaenoic Acid)*	180 mg	†
DHA (Docosahexaenoic Acid)*	120 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. *Reported as triglycerides.

Other Ingredients: Natural tocopherols, natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, mackerel).

Directions: Adults take one soft gel one to five times daily **at mealtime.**

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
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www.carlsonlabs.com • **An F.D.A. Regulated Facility**

Fish oil is a major source of the polyunsaturated omega-3s EPA & DHA, which extensive research suggests provide extraordinary health benefits.* Each of **The Very Finest Fish Oil** soft gels contain 1000 mg of a special concentrate of fish body oils from deep, cold water fish.

✓ **Gluten-free** ✓ **Preservative-free**

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PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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