



Carlson

30 Soft Gels
FREE

Fish Oil Concentrate

Super Omega-3
Gems®

500 mg EPA & DHA

in Fish Gelatin
Soft Gels



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

30 Soft Gels: 1000 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Soft Gel

	Amount per serving	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Norwegian Fish Oil	1000 mg	†
Total Omega-3 Fatty Acids [☆]	600 mg	†
EPA (Eicosapentaenoic Acid) [☆]	300 mg	†
DHA (Docosahexaenoic Acid) [☆]	200 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. [☆]Reported as ethyl ester.

Other Ingredients: Soft Gel Shell: Fish gelatin, glycerin, water.
Contains fish (anchovy, sardine and tilapia).

Distributed by Carlson Div. of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004
888-234-5656 • 847-255-1600 • www.carlsonlabs.com • **An FDA Regulated Facility**

Each Carlson Super Omega-3 Gems® soft gel contains 1000 mg (1 gram) of a special concentrate of fish body oils from deep, cold water fish.

Directions: Take one soft gel one to five times daily, **at mealtime.**

✓ **Gluten-free** ✓ **Cholesterol-free**
✓ **Preservative-free**

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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