

Recommended Adult Dose: In a glass, add 250 ml of water or juice to two scoops of HMB Complex and mix. Take once daily with a meal or as recommended by your healthcare practitioner. **Risk Information:** If you have had a heart attack/myocardial infarction, do not use. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. Some people may experience gastrointestinal discomfort. **Guaranteed** to contain no added wheat, yeast, gluten, soy, artificial coloring or flavoring or dairy products. Ideal for vegetarians. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

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V2.0 **479**

BARCODE LOCATION
883196 14150



GENESTRA BRANDS

HMB Complex

AMINO ACID SUPPLEMENT
Natural Orange Flavor

Net Weight **10.9** oz (310 g)

Supplement Facts

Serving Size 2 Scoops (22 g)

Servings per Container about 14

Each Serving Contains		% DV
Calories	20	
Sodium	50 mg	2%
Total Carbohydrate	3 g	1%◆
Sugars	2 g	*
Calcium	225 mg	23%
Vitamin D (cholecalciferol)	500 IU	5%
CaHMB (calcium beta-hydroxy-beta-methylbutyrate)	1.5 g	*
L-Glutamine	7 g	*
L-Arginine (L-arginine hydrochloride)	7 g	*
Branched Chain Amino Acids	1.2 g	*
L-Leucine	600 mg	*
L-Isoleucine	300 mg	*
L-Valine	300 mg	*

◆ Percent Daily Values (DV) are based on a 2000 calorie diet

* Daily Value not established

Other ingredients: Natural flavors, potassium citrate, citric acid, sodium chloride, thaumatin