

Recommended Adult Dose: Take two capsules two times daily with meals, a few hours before or after taking other medications, or as recommended by your healthcare practitioner. **Risk Information:** If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use. If you are taking blood thinners or if you have a liver disorder, consult your healthcare practitioner prior to use. **Guaranteed** to contain no added wheat, yeast, gluten, sodium, artificial coloring or flavoring, antimicrobial preservatives or dairy products. Ideal for vegetarians. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

Seroyal

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BARCODE LOCATION
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GENESTRA BRANDS™

Formula OSG Bio

CALCIUM-MAGNESIUM FORMULA WITH
BUFFERED VITAMIN C

120 Vegetable Capsules

Supplement Facts

Serving Size 2 Capsules
Servings per Container 60

Each Serving Contains		% DV
Vitamin A (vitamin A acetate)	500 IU	10%
Vitamin C (calcium/ magnesium/ manganese ascorbate)	1000 mg	1667%
Vitamin D (cholecalciferol)	500 IU	125%
Vitamin K ₁ (phylloquinone)	50 mcg	63%
Calcium (calcium ascorbate/ citrate)	135 mg	14%
Magnesium (magnesium ascorbate)	37.5 mg	9%
Manganese (manganese ascorbate)	4.5 mg	225%
Vanadium (vanadyl sulfate)	7.5 mcg	*
Boron (boron citrate)	250 mcg	*

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate