

LigaZyme

LigaZyme is a synergistic combination of L-proline, glycine, bromelain, papain, shark cartilage, manganese and other minerals, and key vitamins.

Suggested Use

As a dietary supplement, 1 tablet three times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
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Rev. 003

AllergyResearchGroup®

LigaZyme



dietary supplement
100 tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

Amount Per Serving		% Daily Value
Vitamin C (as Ascorbic Acid)	75 mg	125%
Vitamin B-6 (as Pyridoxine HCL)	7.5 mg	375%
Vitamin B-12 (as Cyanocobalamin)	100 µg	1,667%
Calcium (as Calcium Carbonate)	31 mg	3%
Zinc (as Zinc Picolinate)	7.5 mg	50%
Manganese (as Amino Acid Chelate)	10 mg	500%
L-Proline (Free Form)	250 mg	*
Shark Cartilage	150 mg	*
Bromelain (2,400 GDU/g)	125 mg	*
Glycine (free form)	100 mg	*
Papain (2,000 USP units/mg)	50 mg	*

* Daily Value not established

Other ingredients: Stearic acid, cellulose, cellulose & glycerin coating, magnesium stearate, silica, vanilla.