

Amount Per Serving		% DV
MultiEnzyme Blend	50 mg	*
Amylase (contains wheat), Papain, Protease, Bromelain, Lipase		
Carotenoid Blend		
Tomato, Marigold, Palm Oil	37.5 mg	
Beta Carotene	915 mcg	*
Lutein	315 mcg	*
Lycopene	180 mcg	*
Alpha Carotene	60 mcg	*
Cryptoxanthin	12 mcg	*
Zeaxanthin	12 mcg	*
Inositol	2.5 mg	*
Choline Bitartrate	2.5 mg	*

*Daily Value (DV) not established.

Other Ingredients: Gelatin, Water, Dibasic Calcium Phosphate, Silica, Acacia, Magnesium Stearate, Maltodextrin, Soybean Oil, Cornstarch.

Manufactured by NATROL, INC., Chatsworth, CA 91311 • USA
1 800 2-NATROL (800 262-8765) • www.natrol.com

NO Yeast, Milk, Egg, Artificial Colors or Flavors, Added Sugar or Preservatives

Consult your healthcare professional prior to use if you have or suspect a medical condition, or are taking prescription drugs. Do not use if you are pregnant or lactating. People with allergies to gluten, shellfish, soy or wheat should consult their healthcare professional before taking this product.

Supplied by Albion Advanced Nutrition. Chelazome® and Chelative® are covered by U.S. Patents: 5,516,925, 5,614,553 and patents pending.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

ITEM: 476.911 F: 3002161 L: 2004551-10194



FOR THE PRIME GENERATION

NATROL® MY FAVORITE Multiple®

Prime multivitamin

- *Features Glucosamine & Lutein*
- *With Food-Based Ingredients*

DIETARY SUPPLEMENT

120 CAPSULES

Directions: Take 3 capsules daily with a meal.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 40

Amount Per Serving		% DV
Vitamin A (from Retinol Palmitate and 65% Beta Carotene [from <i>D. salina</i>])	3750 IU	75%
Vitamin C (as Calcium Ascorbate)	90 mg	150%
Vitamin D (as Cholecalciferol)	300 IU	75%
Vitamin E (as d-Alpha Tocopheryl Succinate)	60 IU	200%
Thiamin (Vitamin B-1) (as Thiamin HCl)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine HCl)	2 mg	100%
Folic Acid	300 mcg	75%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Calcium: Citrate, Carbonate, Ascorbate)	350 mg	35%
Iodine (from Kelp)	75 mcg	50%
Magnesium (as Magnesium Oxide)	200 mg	50%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%
Selenium (as Selenium Amino Acid Complex)	70 mcg	100%
Copper (as Copper Amino Acid Chelate)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Amino Acid Chelate)	60 mcg	50%
Molybdenum (as Molybdenum Amino Acid Chelate)	37.5 mcg	50%
Boron (as Boron Amino Acid Chelate)	100 mcg	*
Supporting Nutrient Prime Blend	290 mg	*
Coenzyme Q-10	15 mg	*
Glucosamine HCl (crab and shrimp)	250 mg	*
Acetyl L-Carnitine	12.5 mg	*
Green Tea Extract (leaf) (50% Polyphenols)	5 mg	*
Bilberry Extract (fruit) (25% Anthocyanidins)	7.5 mg	*
UltraGreen® Blend	25.05 mg	*
Alfalfa Juice (leaf), Barley (grass), Spirulina, Parsley (leaf), Spinach (leaf), Peppermint (leaf), Spearmint (leaf)		