



# Ultimate Man 50+

high potency  
multivitamin • multimineral

cardiovascular<sup>v</sup>      energy production<sup>v</sup>  
immune<sup>v</sup>                      antioxidant<sup>v</sup>

180 Tablets • Dietary Supplement

actual size

nut  
free

dairy  
free

gluten  
free

## Supplement Facts

Serving Size 3 Tablets

Servings Per Container: 60

|                                                                                                                                    | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Vitamin A<br>(as Vitamin A palmitate and beta carotene)                                                                            | 5,000 IU              | 100%             |
| Vitamin C<br>(as Active C™ (as Tri-Scorb™ Proprietary Blend<br>(as calcium ascorbate, magnesium ascorbate<br>and zinc ascorbate))) | 200 mg                | 333%             |
| Vitamin D3 (as cholecalciferol)                                                                                                    | 1000 IU               | 250%             |
| Vitamin E<br>(as d-alpha tocopherol succinate)                                                                                     | 30 IU                 | 100%             |
| Vitamin K (menaquinone-7)                                                                                                          | 45 mcg                | 56%              |
| Thiamine<br>(Vitamin B1)(as thiamine mononitrate)                                                                                  | 25 mg                 | 1667%            |
| Riboflavin (Vitamin B2)                                                                                                            | 25 mg                 | 1471%            |
| Niacin (as niacinamide)                                                                                                            | 25 mg                 | 125%             |
| Vitamin B6 (as pyridoxine HCl)                                                                                                     | 25 mg                 | 1250%            |
| Folate (as folic acid)                                                                                                             | 800 mcg               | 200%             |
| Vitamin B12 (as methylcobalamin)                                                                                                   | 100 mcg               | 1667%            |
| Biotin (as d-biotin)                                                                                                               | 300 mcg               | 100%             |
| Pantothenic Acid<br>(as d-calcium pantothenate)                                                                                    | 25 mg                 | 250%             |
| Calcium<br>(as calcium carbonate, dicalcium phosphate<br>and Active C™)                                                            | 200 mg                | 20%              |
| Iodine (as potassium iodide)                                                                                                       | 150 mcg               | 100%             |
| Magnesium<br>(as magnesium oxide and Active C™)                                                                                    | 100 mg                | 25%              |
| Zinc (as zinc citrate and Active C™)                                                                                               | 15 mg                 | 100%             |
| Selenium (as L-selenomethionine)                                                                                                   | 200 mcg               | 286%             |
| Copper (as copper glycinate)                                                                                                       | 2 mg                  | 100%             |
| Manganese<br>(as manganese glycinate)                                                                                              | 2 mg                  | 100%             |
| Chromium<br>(as chromium nicotinate glycinate chelate)                                                                             | 200 mcg               | 167%             |
| Molybdenum<br>(as molybdenum bis-glycinate)                                                                                        | 75 mcg                | 100%             |
| Alpha Lipoic Acid                                                                                                                  | 50 mg                 | *                |
| Green Tea Extract<br>( <i>Camellia sinensis</i> )(leaf) std to 95%<br>Polyphenols (47.5 mg) std to 40% EGCG (20 mg)                | 50 mg                 | *                |
| Pomegranate Extract<br>( <i>Punica granatum</i> )(fruit) std to 40% Ellagic Acid (40 mg)                                           | 100 mg                | *                |
| Choline (as choline bitartrate)                                                                                                    | 25 mg                 | *                |
| Inositol                                                                                                                           | 25 mg                 | *                |
| Boron (as boron glycinate)                                                                                                         | 3 mg                  | *                |
| Black Pepper Concentrate                                                                                                           | 5 mg                  | *                |
| Lutein                                                                                                                             | 1 mg                  | *                |
| Lycopene                                                                                                                           | 1 mg                  | *                |

|                                                                                                         | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| Vanadium<br>(as vanadyl sulfate)                                                                        | 1 mg                  | *                |
| Ginkgo Biloba Extract<br>( <i>Ginkgo biloba</i> )(leaf) std to 24% Ginkgo<br>Flavonglycosides (28.8 mg) | 120 mg                | *                |
| Cinnamon Bark Extract<br>std to 10% Polyphenols (10 mg)                                                 | 100 mg                | *                |
| Coenzyme Q-10                                                                                           | 50 mg                 | *                |
| Phytosterol<br>(as beta-sitosterol, stigmasterol, campesterol<br>and brassicasterol)                    | 100 mg                | *                |
| Saw Palmetto Extract<br>( <i>Serenoa repens</i> )(fruit) std to 45%<br>Fatty Acids (22.5 mg)            | 50 mg                 | *                |

\* Daily Value not established.

**Other ingredients:** Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, pharmaceutical glaze, hypromellose, natural vanilla, carnauba wax, glycerin.

**Contains:** Soy.

**Does not contain:** Wheat, Gluten, Salt, Citrus, Dairy, Fish, Preservatives, Artificial Colors or Flavors.

**DIRECTIONS:** As a dietary supplement, take three (3) tablets daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are taking any medication or have any medical conditions.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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