



omega 3 from algae

EPA 180mg | DHA 360mg[†]

600mg omega 3
fatty acids[†]

heart[✓] | brain[✓]
eye[✓]

specialty

60 veggie softgels
dietary supplement

gluten
free

dairy
free

nut
free

actual
size

Supplement Facts

Serving Size 2 Veggie Softgels
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2% [†]
<i>life'sDHA</i> [®] Omega 3 Fatty Acids (from algal oil)	600 mg	*
DHA (docosahexaenoic acid)	360 mg	*
EPA (eicosapentaenoic acid)	180 mg	*

[†] Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Modified corn starch, glycerin, high oleic sunflower oil, water, carrageenan, sorbitol, ascorbyl palmitate, tocopherols, natural flavor, sunflower lecithin, beta carotene, caramel.


Contains: Soy.

Does not contain: Yeast, Wheat, Gluten, Sugar, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, take two (2) softgels daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 *life'sDHA*[®] is a trademark of DSM
HEALTHY BRAIN. EYES. HEART.

† Per 2 Softgel Serving

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.vitaminshoppe.com
or call 1-800-223-1216

for more information and to reorder.

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